



# THE 4<sup>TH</sup> SUNDAY AFTER THE EPIPHANY

January 29, 2023

10 am

**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

*Welcome to St Dunstan's! We are glad you are here!*

*If you are new, or would like to update your information, please fill out a pew card.*

*Thank you for silencing your cell phones.*

## THE MINISTRY OF THE WORD

*The congregation is invited to observe silence during the prelude,  
out of respect for those who are listening, and as an opportunity for prayer, meditation, and healing.*

**Prelude** O God, thou Faithful God

*Johannes Brahms (1833-1897)*

**Processional Hymn 401** The God of Abraham praise

*Leoni*

**Priest** Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be God's kingdom, now and for ever. Amen.

**Priest** Almighty God, to you all hearts are open, all desires known,

*and* and from you no secrets are hid: Cleanse the thoughts of our hearts

**People** by the inspiration of your Holy Spirit, that we may perfectly love you,  
and worthily magnify your holy Name; through Christ our Lord. Amen.

**Gloria S278** Glory to God: Gloria in excelsis

*William Mathias*



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we



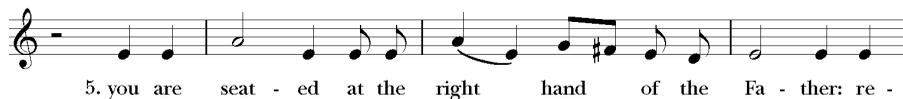
praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer. 6. For



you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the



Ho - ly Spi - rit, in the glo - ry of



God the Fa - ther. A - men.

## The Collect of the Day *The people stand or kneel.*

Priest The Lord be with you.

**People And also with you.**

Priest Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**Micah 6:1-8** *God contends with the people of God, reminding them of the saving acts done for them and instructing them in the good that God expects. The very mountains and hills are called as witnesses. God led the people out of Egypt and through the wilderness in safety. Yet they sin. It is not animal or human sacrifices the Lord wishes, but that the people act in justice, with loving-kindness and humility.*

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;  
for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;

and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,

and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?

Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;  
and what does the LORD require of you

but to do justice, and to love kindness,  
and to walk humbly with your God?

Reader The Word of the Lord.

People **Thanks be to God.**

## **Psalm 15 *Domine, quis habitabit?***

*The psalm describes the virtues of one who is worthy to worship the Lord.*

- 1 LORD, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?
  
- 2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.
  
- 3 There is no guile upon his tongue;  
he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.
  
- 4 In his sight the wicked is rejected, \*  
but he honors those who fear the LORD.
  
- 5 He has sworn to do no wrong \*  
and does not take back his word.
  
- 6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.
  
- 7 Whoever does these things \*  
shall never be overthrown.

## 1 Corinthians 1:18-31

*Paul directs the Corinthians' attention to God's way of using what is weak and lowly—even what the world regards as foolish—to accomplish the divine purposes. Paul emphasizes this understanding because a number of these new Christians had come to think of themselves as especially gifted, powerful, and wise. As the cross has shown, however, God's ideas about what is wise and noble are often quite different from ours. Our only boast can be in the Lord.*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Reader The Word of the Lord.

People **Thanks be to God.**

**Gradual Hymn 632** O Christ the Word Incarnate

*Munich*

## **Matthew 5:1–12**

*The Sermon on the Mount, words of both comfort and challenge. The values of the kingdom are quite different from worldly standards. Those who are to find blessing will know want and thirst, if not because of their own circumstances, then for the sake of others. Those who hunger for righteousness will find fulfillment, but first they must experience persecution.*

Priest The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Priest The Gospel of the Lord.

**People Praise to you, Lord Christ.**

## **The Sermon**

*After the sermon a brief silence is kept.*

The Rev. Laurel Coote

The Nicene Creed *All Stand.*

**W**e believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

**W**e believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

**W**e believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **The Prayers of the People** *Standing or kneeling.*

Leader God's glory has been veiled in flesh. Our flesh has become a glorious epiphany. Let us then present before the Lord of glory our gift of prayer for those who are in need, saying: Lord, hear our prayer.

For all who walk in the darkness of violence and oppression, and for all who by their life and preaching cast into that darkness the light of God's peace and justice, let us pray to the Lord.

**People Lord, hear our prayer.**

Leader For all who carry on the teaching of prophets and apostles, and for the full communion in life and worship of those who receive God's word, let us pray to the Lord.

**People Lord, hear our prayer.**

Leader For all who have at their disposal this world's riches, and for all who call out to them, let us pray to the Lord.

**People Lord, hear our prayer.**

Leader For all who raise their eyes to the heavens looking for healing and deliverance [especially N.], let us pray to the Lord.

**People Lord, hear our prayer.**

Leader For the rulers of the earth, and for every child that stands in need of their protection, let us pray to the Lord.

**People Lord, hear our prayer.**

Leader For all who through death have passed into the full epiphany of God's glory [especially N.], let us pray to the Lord.

**People Lord, hear our prayer.**

Priest O God of stars and journeys, you lead us day by day to the joyful vision of your light. Move us by the power of your word that we too might open our gifts for others and so receive in our hearts the child of Bethlehem. So may you be praised and adored through the same Christ our Lord, in the Holy Spirit, now and forever. **Amen.**

**Confession of Sin** *Standing or kneeling. Silence may be kept.*

Priest **L**et us turn to the most holy One and confess our sin,  
confident in God's faithful and steadfast love for us.

*Silence*

People **M**ost merciful God, we confess that we have sinned against you in thought,  
word, and deed, by what we have done, and by what we have left undone.  
**We have not loved you with our whole heart;  
We have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

**The Absolution**

Priest **A**lmighty God have mercy on you, forgive you all your sins  
through the grace of Jesus Christ, strengthen you in all goodness,  
and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**The Peace** *All stand.*

Priest The peace of the Lord be always with you.

People **And also with you.**

*The people exchange the peace with one another.*

**Announcements** *All are seated.*

**Prayer for a Birthday**

O God, our times are in your hand: Look with favor, we pray, on your servant N. as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

## The Offertory

Priest Let us give to God with generosity and gladness  
the offerings of our lives, our labors and our love.

## Offertory Anthem

Offertory Hymn 593 Lord, make us servants of your peace

*Dickinson College*

# THE HOLY COMMUNION

## The Great Thanksgiving

*Eucharistic Prayer C*

Priest The Lord be with you.

**People And also with you.**

Priest Lift up your hearts.

**People We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

**People It is right to give God thanks and praise.**

Priest God of all power, Ruler of the Universe, you are worthy of glory and praise.

**People Glory to you for ever and ever.**

Priest At your command all things came to be: the vast expanse of interstellar space,  
galaxies, suns, the planets in their courses, And this fragile earth, our island home.

**People By your will they were created and have their being.**

Priest From the primal elements you brought forth the human race, and blessed us with  
memory, reason, and skill. You made us the rulers of creation. But we turned  
against you, and betrayed your trust; and we turned against one another.

**People Have mercy, Lord, for we are sinners in your sight.**

Priest Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**People** **By his blood, he reconciled us.**  
**By his wounds, we are healed.**

Priest And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus S125** Holy, Holy, Holy Lord

*Richard Proulx*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*people stand or kneel.*

Priest And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

Priest On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**People We celebrate his death and resurrection, as we await the day of his coming.**

Priest Lord God of our Ancestors; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**People Risen Lord, be known to us in the breaking of the Bread.**

Priest Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Priest And now, as our Savior Christ has taught us, we are bold to say,

**People Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

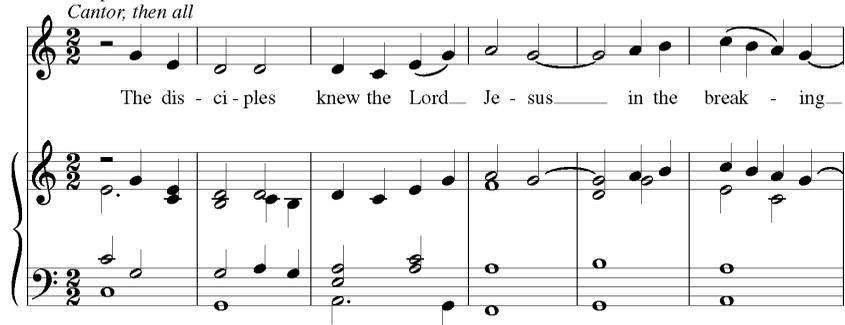
# The Breaking of the Bread

*The Priest breaks the consecrated bread. A period of silence is kept.*

## Fraction Anthem 876 The disciples knew the Lord Jesus

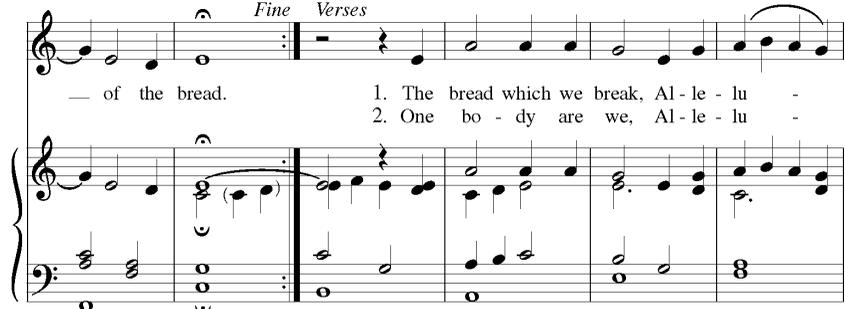
*Burnam*

*Antiphon*  
*Cantor, then all*



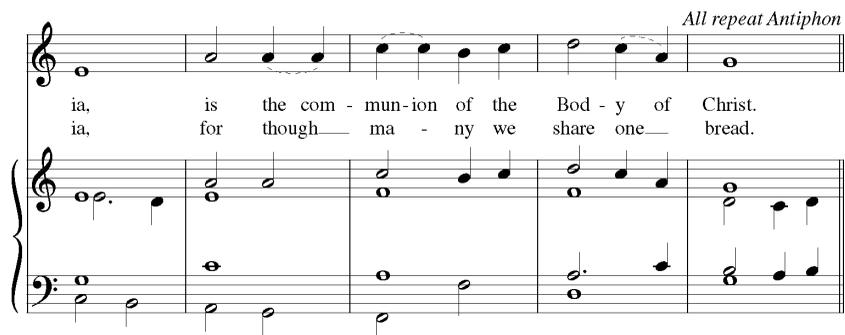
The dis - ci - ples knew the Lord Je - sus in the break - ing -

*Fine Verses*



— of the bread. 1. The bread which we break, Al - le - lu -  
2. One bo - dy are we, Al - le - lu -

*All repeat Antiphon*



ia, is the com - mun - ion of the Bod - y of Christ.  
ia, for though - ma - ny we share one - bread.

Priest These are the Gifts of God, given for you, God's beloved. So come and receive. It is the Lord who invites you and His will that those who desire him, should meet him here.

## ALL ARE WELCOME TO RECEIVE THE HOLY COMMUNION

All are welcome to receive communion. The table we set is the Lord's. Wherever you find yourself on your spiritual journey, you are welcome to receive the Holy Communion.

The bread is received in the open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

**At this time, we are not able to allow dipping the wafer into the chalice.**

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer.

### Communion Hymn Taste and See

*James E Moore, Jr.*

Taste and see. Taste and see the good - ness

of the Lord. O Taste and see. Taste and

see the good - ness of the Lord, of the Lord. **Fine**

1. I will bless the Lord at all times.  
2. Glo - ri - fy the Lord with me.  
3. Wor - ship the Lord all you peo - ple.

1. — His praise — shall al - ways — be on my  
 2. — To - geth - er — let us all — praise His  
 3. — You'll — want for noth - ing — if you

1. lips; — my soul — shall  
 2. name. — I called — the  
 3. ask. — Taste — and

1. glo - ry — in the Lord; — for  
 2. Lord — and He an - swered me; — from  
 3. see — that God is good; — in

1. He — has been — so good to me. —  
 2. all — my trou - bles — He set me free. —  
 3. Him — we need — put all our trust. —

*D.C.*

## The Post-Communion Prayer

Priest Let us pray.

People Eternal God, heavenly Father,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## The Blessing

Priest The Lord bless you and keep you,  
The Lord make his face to shine upon you, and be gracious to you.  
The Lord lift up the light of his countenance upon you, and give you peace.  
And the blessing of God: Creator, Redeemer and Sustainer be upon you and show forth your way. **Amen.**

**Closing Hymn 610** Lord, whose love through humble service

*Blaenhafren*

Priest Let us go forth in the name of Christ.

**People Thanks be to God.**

**Postlude** Praeludium

*Georg Böhm (1661-1733)*

*The people are invited to listen and observe silence during the postlude.  
All are welcome to enjoy fellowship with one another outside the church during coffee hour.*



*St. Dunstan's Episcopal Church celebrates God's diverse creation  
and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity,  
culture, ethnicity, economic status, or ability.*

## 2023 Annual Parish Meeting

**TODAY! 11:30 am**

Bring your coffee and light snack and return to the sanctuary for our Annual Meeting! This is an opportunity to celebrate the year behind us and begin the work of the year to come.

We will also take care of some important parish business — electing some new vestry members, and delegates to convention, for example — but we also hear about all the work we have accomplished; to see how far we have come and how we have adapted to the challenges that 2022 offered us, and to present the Scalloped Potato and Broken Hammer awards. You won't want to miss it!



### **Dedicate Altar Flowers**

This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The cost of the flowers is \$30, but some give more. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

Sign up on the Welcome Table

### ***Many Helping Hands Create Welcoming Sunday Services***

Have you been thinking about ways to get involved at St. Dunstan's? You're in luck! We are looking for parishioners to help in various ways during Sunday Services. These are simple jobs but lots of fun and give you an opportunity to get to know your parish family.

- Greeting
- Helping with Name Tags
- Ushers
- Lectors
- Sunday School Leaders or Assistants
- Coffee Hour Hosts

If you feel called to help in any of these areas or have questions please email the office at [stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com)

### **Deadline for eNews and Bulletin**

Items for our eNews and Sunday Bulletin should be submitted to [stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com) by midnight Monday.

*Welcome this week's guest organist*

## **Fred Burgomaster**

Welcome back to St. Dunstan's Fred!  
Thank you for helping lead us as we  
worship in song this week.



## **Pastoral Care & Prayer Requests**

For pastoral concerns, contact  
Rev. Laurel [revlaurel@stdcv.org](mailto:revlaurel@stdcv.org) or on  
her cell 310-562-5746. And you can  
always leave a message on the Pastoral  
Care line at church [831-624-6646](tel:831-624-6646) ext 110.

Our Daughters of the King chapter  
welcomes your prayer requests. Prayer  
requests may be sent to [dok@stdcv.org](mailto:dok@stdcv.org).  
The Daughters pray for members of our  
parish as well as many others daily.

## **Weekly Bulletins available electronically**

Whether you want to save the  
environment by using less paper, like the  
idea of reading on your device, want to  
see what's coming up or what is past,  
our weekly worship bulletins are  
available as a PDF online at [stdcv.org/  
bulletins](http://stdcv.org/bulletins)

## **St. Dunstan's Staff**

The Rev. Laurel Coote, Rector  
[revlaurel@stdcv.org](mailto:revlaurel@stdcv.org)

Elizabeth Buche, Parish Administrator  
[stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com)

# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE OPEN MONDAY—THURSDAY, 9 AM—1 PM

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## Sunday, January 29

- 8:00 am Holy Eucharist
- 8:30 am Choir Rehearsal
- 9:00 am Discussion Group
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour
- 11:30 am Annual Meeting

## Monday, January 30

- 5:30 pm Zoom Compline

## Tuesday, January 31

- 9:00 am Discipleship Group
- 7:30 pm AA

## Wednesday, February 1

- 10:00 am Holy Eucharist
- 11:00 am Prayer Shawl Ministry
- 1:30 pm Daughters of the King Meeting

## Thursday, February 2

- 9:30 am Epiphany Light Bulb study -  
Guild room
- 12:00 pm Quilters group
- 4:00 pm Men's I-Help

## Friday, February 3

## Saturday, February 4

- 9:00 am Choir Rehearsal

## Sunday, February 5

- 8:00 am Holy Eucharist
- 8:30 am Choir Rehearsal
- 9:00 am Discussion Group
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour
- 12—1pm J2A at St. Dunstan's

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View the entire parish calendar [stdcv.org/calendar](http://stdcv.org/calendar)

## JANUARY BIRTHDAYS

- |                  |                  |                   |
|------------------|------------------|-------------------|
| 2 Bob Priestley  | 17 Joe Heston    | 27 Ashley Blacow  |
| 9 Dug Stewart    | 22 Duncan Clarke | 27 Jack Enbom     |
| 11 Remy Ryan     | 22 Ollie Collins | 29 Helena Miller  |
| 15 John Greenway | 22 Cathy Solms   | 30 Lincoln Talley |
| 17 Mary Clarkson | 26 Norman Parris |                   |

**Sermon Notes**