

THE FIFTH SUNDAY AFTER THE EPIPHANY February 4, 2024 10 am

Welcome to St Dunstan's! We are glad you are here!

If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.

THE LITURGY OF THE WORD

The congregation is invited to observe silence during the prelude, out of respect for those who are listening, and as an opportunity for prayer, meditation, and healing.

Prelude Psalm-Prelude, Set I No. 2

Herbert Howells (1892-1983)

All stand at the ringing of the bell.

Processional Hymn 535 Ye servants of God, your Master proclaim

Paderborn

Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

The Celebrant then continues

Priest There is one Body and one Spirit;

People There is one hope in God's call to us;

Priest One Lord, one Faith, one Baptism;

People One God and Father of all.

The Collect of the Day The people stand or kneel.

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Isaiah 40:21-31

The prophet Isaiah summons the people to renew their trust and confidence in God. God alone is sovereign, the Lord of all that exists, the creator of the earth and its creatures and the fount of understanding. Those who turn to the Lord will find their strength replenished; they will not be disappointed.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.

To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 147:1-11, 20c

A hymn of praise to the Lord, who rules over nature in wisdom and has shown faithfulness to Israel.

- 1 Hallelujah!
 - How good it is to sing praises to our God! * how pleasant it is to honor him with praise!
- 2 The LORD rebuilds Jerusalem; * he gathers the exiles of Israel.
- 3 He heals the brokenhearted * and binds up their wounds.
- 4 He counts the number of the stars * and calls them all by their names.
- 5 Great is our LORD and mighty in power; * there is no limit to his wisdom.
- 6 The LORD lifts up the lowly, * but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; * make music to our God upon the harp.
- 8 He covers the heavens with clouds * and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains * and green plants to serve mankind.
- 10 He provides food for flocks and herds * and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; *
 he has no pleasure in the strength of a man;
- 12 But the LORD has pleasure in those who fear him, * in those who await his gracious favor.
- 21 Hallelujah!

1 Corinthians 9:16-23

Paul seeks to become all things to all people in order that he may freely and without hindrance share the gospel with them. He takes no special pride in his preaching of the gospel because that is his commission from the Lord. In order not to create unnecessary difficulties, he is willing to live under the law among Jews and outside the law among Gentiles. Some may misunderstand and think him unprincipled, but Paul's only concern is with the essentials of the gospel.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord. **People Thanks be to God.**

Mark 1:29-39

Healing events which took place toward the beginning of Jesus' ministry. Peter's mother-in-law is cured of fever. Many flock to Jesus. He heals them and casts out the demons who recognize him for who he is. A brief retreat ends because of the pressing need to continue his mission. The power of the kingdom of God is made manifest through his words and deeds.

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Priest The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon The Rev. Laurel Coote

After the sermon a brief silence is kept.

Presentation and Examination of the Candidate

Priest The Candidate for Holy Baptism will now be presented.

Presenters We present Elliot Jordan Voorhees to receive the Sacrament of Baptism.

To the Parents and Godparents:

Priest Will you be responsible for seeing that Elliot is brought up in the

Christian faith and life?

Presenters I will, with God's help.

Priest Will you by your prayers and witness help him to grow into the full

stature of Christ?

Presenters I will, with God's help.

Question Do you renounce Satan and all the spiritual forces of wickedness

that rebel against God?

Answer I renounce them.

Question Do you renounce the evil powers of this world which corrupt and

destroy the creatures of God?

Answer I renounce them.

Question Do you renounce all sinful desires that draw you from the love of

God?

Answer I renounce them.

Question Do you turn to Jesus Christ and accept him as your Savior?

Answer I do.

Question Do you put your whole trust in his grace and love?

Answer I do.

Question Do you promise to follow and obey him as your Lord?

Answer I do.

To the Church:

Question Will you who witness these vows do all in your power

to support Elliot in his life in Christ?

People We will.

Priest Let us join with those who are committing themselves to Christ

and renew our own baptismal covenant.

The Baptismal Covenant All Stand.

Priest Do you believe in God the Father?

People I believe in God, the Father almighty, creator of heaven and earth.

Priest Do you believe in Jesus Christ, the Son of God?

People I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Priest Do you believe in God the Holy Spirit?

People I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Priest Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

People I will, with God's help.

Priest Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People I will, with God's help.

Priest Will you proclaim by word and example the Good News of God in Christ?

People I will, with God's help.

Priest Will you seek and serve Christ in all persons, loving your neighbor as

yourself?

People I will, with God's help.

Priest Will you strive for justice and peace among all people, and respect the

dignity of every human being?

People I will, with God's help.

Prayers for the Candidates

Leader Let us now pray for Elliot, who is to receive the Sacrament of new birth.

Deliver him, O Lord, from the way of sin and death.

People Lord, hear our prayer.

Leader Open his heart to your grace and truth.

People Lord, hear our prayer.

Leader Fill him with your holy and life-giving Spirit.

People Lord, hear our prayer.

Leader Keep him in the faith and communion of your holy Church.

People Lord, hear our prayer.

Leader Teach him to love others in the power of the Spirit.

People Lord, hear our prayer.

Leader Send him into the world in witness to your love.

People Lord, hear our prayer.

Leader Bring him to the fullness of your peace and glory.

People Lord, hear our prayer.

Priest Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. **Amen.**

Thanksgiving over the Water

The Priest blesses the water, first saying

Priest The Lord be with you.

People And also with you.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit. Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. **Amen.**

The Baptism

The candidate is presented by name to the Priest who then pours water upon the candidate, saying

Priest Elliot, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit.

People Amen.

Then the Priest places a hand on the child's head, anointing his forehead with the sign of the cross and saying

Priest Elliot, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever.

People Amen.

Then the Priest presents a candle representing the light of Christ.

Priest Elliot, receive the light of Christ.

People Amen.

When these actions have been completed for the candidate, the Priest prays over him, saying

Priest Let us pray.

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon Elliot the forgiveness of sin, and have raised him to the new life of grace. Sustain him, O Lord, in your Holy Spirit. Give him an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**

When all have been baptized, The Priest says

Priest Let us welcome the newly baptized.

All We receive you into the household of God, confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.

The Peace All stand.

Priest The peace of the Lord be always with you.

People And also with you.

The people exchange the peace with one another.

Announcements All are seated.

THE LITURGY OF THE TABLE

Offertory Sentence

During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at www.stdcv.org

Priest Let us with gladness present the offerings and oblations of our life and labor to the Lord.

Offertory Anthem My Eyes for Beauty Pine

Herbert Howells (1892-1983)

My eyes for beauty pine, my soul for Goddes grace, no other care nor hope is mine, to heaven I turn my face.

One splendour thence is shed from all the stars above: 'Tis named when God's name is said, 'Tis Love, "tis heavenly Love.

And every gentle heart that burns with true desire, is lit from eyes that mirror part of the celestial fire.

Offertory Hymn 529 In Christ there is no East or West

McKee

The Great Thanksgiving

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest God of all power, Ruler of the Universe, you are worthy of glory and praise.

People Glory to you for ever and ever.

Priest At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, And this fragile earth, our island home.

People By your will they were created and have their being.

Priest From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

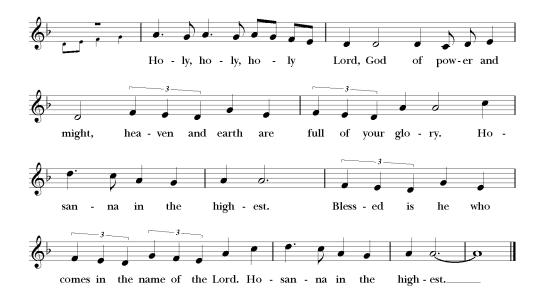
People Have mercy, Lord, for we are sinners in your sight.

Priest Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People By his blood, he reconciled us. By his wounds, we are healed.

Priest And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S129 Holy, Holy, Holy Lord Robert Powell



The people stand or kneel.

Priest And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Priest Lord God of our Ancestors; God and Father of our Lord Jesus Christ:

Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Priest Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

THE LORD'S PRAYER

Priest And now, as our Savior Christ has taught us, we are bold to say,

The Breaking of the Bread

The Priest breaks the consecrated bread. A period of silence is kept.

Fraction Anthem 876 The disciples knew the Lord Jesus

Burnam



Priest

These are the Gifts of God, given for you, God's beloved. So come and receive. It is the Lord who invites you and His will that those who desire him, should meet him here.

INVITATION TO COMMUNION

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

At this time, we are not able to allow dipping the wafer into the chalice.

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.

Communion Hymn 321 My God, thy table now is spread

Rockingham

The Prayer After Communion

Priest Let us pray.

People Eternal God, heavenly Father,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

All stand for the blessing and dismissal

The Blessing

Priest May the Spirit's love,

flowing like water across the face of the earth, fill you with every gift for the good of the world.

And the blessing of God, Eternal Source, Fountain of Life, and Giver of Gifts, be with you always. **Amen.**

Recessional Hymn 381 Thy strong word did cleave the darkness

Ton-y-Botel

The Dismissal

Priest Let us go forth rejoicing in the power of the Spirit!

People Thanks be to God.

Postlude Fanfare Andrew Carter

All are welcome to enjoy fellowship with one another outside the church during coffee hour.

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The altar flowers are given to the Glory of God and in Thanksgiving for the healing prayers and loving support shown me by the St. Dunstan's Community by Jean Scholefield

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St. Dunstan's Episcopal Church celebrates God's diverse creation and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity, culture, ethnicity, economic status, or ability.

Father, forgive them for they know not what they do. A Lenten Exploration of Forgiveness

Mondays at 5pm — Soup Supper and Program
Beginning February 19th

Jesus is always speaking into our human condition, giving us words of wisdom on how to follow him, and how to best tend to and care for ourselves and one another. Life can be hard, people disagree, and harm is done. We all know what it is to hurt, and each of us has at some time hurt others.

Along with his call to Listen, Trust, Serve and Love, Jesus calls us to Forgive. And we all know — to forgive is not always simple nor is it easy. And while we may long to be forgiven, seeking it, or even accepting it can be equally challenging. Each one of us, at some time, will need to forgive and will be in need of forgiveness. But sometimes we don't know where to begin. Sometimes we hurt so much, we don't even want to try. Yet, forgiveness is central to our Christian Faith and has the power to transform our lives, if we are courageous enough to try.

Each week of Lent we will explore an aspect of forgiveness. We'll hear from a variety of voices, writers and theologians as we look at what forgiveness is and isn't, how to forgive, and explore the challenges, barriers that get in our way — and also the difference forgiving can make. For us.

Please plan to join us for a delicious meal and rich conversation. And if you want to help with the preparation of the Soup Supper, send Peter Coote an email at pacoote57@gmail.com.



Join us for Baptism cake and snacks before returning to the church for the Annual Meeting!

If you would like to host coffee hour on a Sunday please sign up on the Welcome table.

Welcome this week's guest organist

Fred Burgomaster

Welcome back to St. Dunstan's Fred! Thank you for helping lead us as we worship in song.

Wonder what's going on at St. Dunstan's?

Sign up today to receive

St. Dunstan's weekly eNews

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting stdcv.org/subscribe and entering your email address.

2023 Giving Statements are available to pick up on the Welcome Table.

Thank you for your support of St. Dunstan's and it's wonderful ministries!

If you would like assistance setting up your 2024 Pledge payments online through Realm, please contact the church office at stdunstanschurch@gmail.com.

SAVE THE DATE!

Mardi Gras Party AND Pancake Supper!

Tuesday, February 13th 5 pm



Happy Hour with activities for the children begins at 5 pm, followed by dinner complete with choices! Gumbo, rice, salads, bread, pancakes and sausage will all be served. And of course, Kings cake for dessert! Help us make this a great event by signing up to help in some way: Set up, clean up, decorate, bring food, donate wine.

Sign up on the Welcome Table!

2024 Annual Parish Meeting TODAY! FOLLOWING THE SERVICE 11:30 am

Pick up some coffee and a snack and return to the church for the Annual Meeting!

Pastoral Care & Prayer Requests

For pastoral concerns, contact Rev. Laurel <u>revlaurel@stdcv.org</u> or on her cell 310-562-5746. And you can always leave a message on the Pastoral Care line at church <u>831-624-6646</u> ext 110.

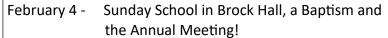
Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to dok@stdcv.org. The Daughters pray for members of our parish as well as many others daily.

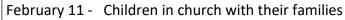
Looking Ahead!

February 13—5pm Shrove Tuesday
Gumbo & Pancake Supper

February 14— Ash Wednesday
12 noon—Regular Service
6pm—Meditative Service

Children's schedule for January and February





February 13 - 5 pm, Shrove Tuesday pancake supper/Mardi Gras party

February 14 - Ash Wednesday 12 noon service, and Ashes to Go at School Pick-up (St. Dunstan's Montessori School)

February 18 - Sunday School in Brock Hall and Bury the Alleluias during announcements

February 25 - No 4th Sunday Family service as Rev. Laurel will be away for a Vestry Retreat. Children in church with their families.



Deadline for eNews, Bulletin

Items for our eNews and Sunday Bulletin should be submitted to stdunstanschurch@gmail.com by midnight Monday.

St. Dunstan's Vestry

Jack Enbom, Senior Warden Rodger Langland, Jr. Warden



Duncan Clarke

Tracy Jones

George Lockwood

Rebecca Miller

Susan Pitts

Jean Scholefield

John Tomlin

Michelle Wilsdon

St. Dunstan's Staff

Rev Laurel Coote, Rector revlaurelc@gmail.com

Elizabeth Buche, Parish Administrator stdunstanschurch@gmail.com

Carol Langland, Treasurer carolstang@icloud.com

Joe Heston, Verger jwheston@aol.com

Alicia Sanoian, Asst. Controller alicia@axcessbcinc.com

Lauren Proulx Leonoff, School Director director@stdunstanschool.org

THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM -1PM

Sunday, February 4

8:30 am Choir Rehearsal

9:00 am The Path Bible Study Ch. 16

10:00 am Holy Eucharist (live-streamed)

Baptism!

11:00 am Coffee Hour

11:30 am Annual Meeting

Monday, February 5

Office Closed

Tuesday, February 6

5:00pm Zoom Compline

5:30pm The Path Bible Study Ch. 16

7:30 pm AA

Wednesday, February 7

10:00am Conversation & Communion

Holy Eucharist

11:00am The Path Bible Study Ch. 16

11:00am Prayer Shawl Ministry

1:30 pm DOK Meeting

Thursday, February 8

9:30am Discipleship Group

Friday, February 9

Saturday, February 10

9:00 am Choir Rehearsal

Sunday, February 11

8:00 am Holy Eucharist

8:30 am Choir Rehearsal

9:00 am The Path Bible Study Ch. 17 **10:00 am** Holy Eucharist (live-streamed)

11:00 am Coffee Hour

View the entire parish calendar stdcv.org/calendar

FEBRUARY BIRTHDAYS

<u>January</u>	<u>February</u>	
27—Jack Enbom	7—Beverly Klinger	14—Tom Logan
29—Helena Miller	10—Tammy Hawkins	26—Sarah Hawthorne
30—Lincoln Talley	11—Kim Murray	27—Joseph Talley
	12—Sue Masters	28—Crosby Hawthorne

	Sermon Notes
24	