

THE THIRD SUNDAY IN LENT March 3, 2024 10 am

Welcome to St Dunstan's! We are glad you are here!

If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.

ST. DUNSTAN'S

THE LITURGY OF THE WORD

The congregation is invited to observe silence during the prelude, out of respect for those who are listening, and as an opportunity for prayer, meditation, and healing.

Prelude O God, thou Faithful God

Johannes Brahms (1833-1897)

All stand at the ringing of the bell.

The ministers process in silence.

- Priest Blessed be the God of our salvation:
- People Who bears our burdens and forgives our sins.

The Decalogue

All kneel

- Priest Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage.
- People Amen. Lord have mercy.
- Priest You shall not make for yourself any idol.
- People Amen. Lord have mercy.
- Priest You shall not invoke with malice the Name of the Lord your God.
- People Amen. Lord have mercy.
- Priest Remember the Sabbath day and keep it holy.
- People Amen. Lord have mercy.
- Priest Honor your father and your mother.
- People Amen. Lord have mercy.
- Priest You shall not commit murder.
- People Amen. Lord have mercy.

Priest You shall not commit adultery.

People Amen. Lord have mercy.

Priest You shall not steal.

People Amen. Lord have mercy.

Priest You shall not be a false witness.

People Amen. Lord have mercy.

Priest You shall not covet anything that belongs to your neighbor.

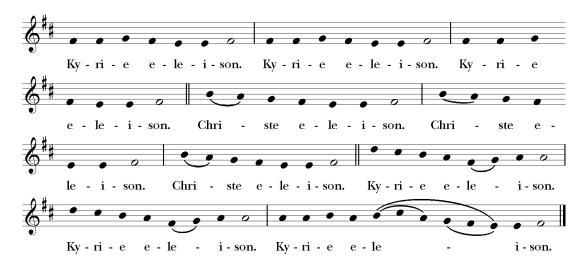
People Amen. Lord have mercy.

Priest Let us come to the Lord, who is full of compassion And acknowledge our transgressions in penitence and faith.

A moment of silence is kept.

People God eternal, giver of light and grace,
we have sinned against you and against our neighbors,
in what we have thought, in what we have said and done,
through ignorance, through weakness, through our own deliberate fault.
We have wounded your love and marred your image in us.
We are sorry and ashamed and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past and lead us out from darkness
to walk as children of light. Amen.

Priest May the God of all healing and forgiveness draw us to himself, and cleanse us from all our sins that we may behold the glory of his Son and Word made flesh, Jesus Christ our Lord. **Amen.**



The Collect of the Day The people stand or kneel.

- Priest The Lord be with you.
- People And also with you.

Priest Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

Exodus 20:1–17

Moses gives the people the ten commandments that God spoke to him on Mount Sinai. These precepts are at the heart of Israel's law or Torah, and form the basis of the covenant with God established through Moses. The first four commandments prescribe Israel's relationship with God. Those which follow require fundamental responsibilities in human relationships.

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 19

A hymn which glorifies the Creator God, with special praise for the law and a prayer for avoidance of sin.

The people sing the antiphon at the beginning and after vss 4, 6, and 8



The heavens declare the glory of God, *

 and the firmament shows his handiwork.

 One day tells its tale to another, *

 and one night imparts knowledge to another.

 Although they have no words or language, *

 and their voices are not heard,

 Their sound has gone out into all lands, *

 and their message to the ends of the world.

 In the deep has he set a pavilion for the sun; *

 it comes forth like a bridegroom out of his chamber;

it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens and runs about to the end of it again; * nothing is hidden from its burning heat.

- 7 The law of the LORD is perfect and revives the soul; * the testimony of the LORD is sure and gives wisdom to the innocent.
- 8 The statutes of the LORD are just and rejoice the heart; * the commandment of the LORD is clear and gives light to the eyes.

Corinthians 1:18–25

Paul directs the Corinthians' attention to God's way of using what is weak and lowly even what the world regards as foolish—to accomplish God's purposes. Paul emphasizes this understanding because a number of these new Christians had come to think of themselves as especially gifted and wise. Yet the cross has shown God active in the world in a manner surprising both to the Jews' expectation of powerful signs and to the Greek's desire for worldly wisdom.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

"I will destroy the wisdom of the wise,

and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord. **People Thanks be to God.**

John 2:13-22

Jesus cleanses the Jerusalem temple of its commercial activities, and his prediction that his body will become the new temple. The fourth evangelist places this incident very early in Jesus' ministry. It signifies the need to cleanse religious practices of corrupting influences and to put in their place a new form of worship. In the future Christians will worship God by sharing together in the risen life of Christ.

Priest The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

- Priest The Gospel of the Lord.
- People Praise to you, Lord Christ.

The Sermon

The Rev. Laurel Coote

After the sermon a brief silence is kept.

The Nicene Creed All Stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen. **The Prayers of the People** *Standing or kneeling.*

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Leader I ask your prayers for God's people throughout the world; For our Presiding Bishop, Michael; our Bishop, Lucinda; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

Leader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

Silence

Leader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

Silence

Leader I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

Silence

Leader I ask your prayers for the departed, especially:

Pray for those who have died.

Silence

Leader I ask your prayers for members of the St. Dunstan's community, *especially*:

I invite you to add your names and thanksgivings either silently or aloud.

Silence

- Leader Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day. Silence
- Priest O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Peace All stand.

Priest The peace of the Lord be always with you.People And also with you.The people exchange the peace with one another.

Announcements All are seated.

THE LITURGY OF THE TABLE

Offertory Sentence

During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at www.stdcv.org

Priest But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15-16*

Offertory Anthem Teach me, O Lord

Thomas Attwood (1833-1897)

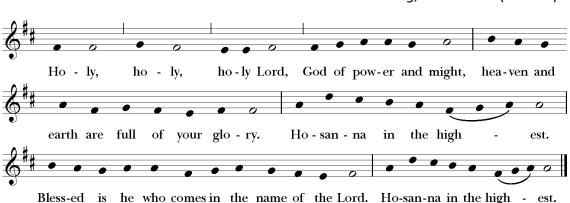
Teach me, O Lord, the way of thy statutes, And I shall keep it unto the end.

The Great Thanksgiving

Eucharistic Prayer A

- Priest The Lord be with you.
- People And also with you.
- Priest Lift up your hearts.
- People We lift them to the Lord.
- Priest Let us give thanks to the Lord our God.
- People It is right to give God thanks and praise.
- Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Sanctus S124

From New Plainsong; David Hurd (b. 1950)

Toplady

The people stand or kneel.

Priest Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

> On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

- People Christ has died. Christ is risen. Christ will come again.
- Priest We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

Priest And now, as our Savior Christ has taught us, we are bold to say,

People Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Priest breaks the consecrated bread.

Agnus Dei

Frederick Burgomaster



Priest The Gifts of God for the People of God.Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

INVITATION TO COMMUNION

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

At this time, we are not able to allow dipping the wafer into the chalice.

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.

Communion Hymn 313 Let thy Blood in mercy poured Jesus, meine Zuversicht

The Prayer After Communion

Priest Let us pray.

People Compassionate and loving God, through your Son Jesus Christ you have fed us, and reconciled your people to yourself. May we who have shared in the holy meal know your forgiveness in our lives, bring your reconciliation to others, and be a sign of your wholeness in this broken world. Following Christ's example of fasting and prayer, may we obey you with willing hearts and serve one another in holy love. Amen.

The Blessing

Priest Bow your head before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

And the blessing of God Almighty, Father, Son and Holy Spirit, be upon you and remain with you always. **Amen.**

Recessional Hymn 559 Lead us, heavenly Father

Dulce carmen

The Dismissal

Priest Let us go forth in the name of Christ.

People Thanks be to God.

Postlude Chromatic Fugue in D Minor

Johann Pachelbel (1653-1706)

All are welcome to enjoy fellowship with one another outside the church during coffee hour.

The altar flowers are given to the Glory of God

St. Dunstan's Episcopal Church celebrates God's diverse creation and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity, culture, ethnicity, economic status, or ability.

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Welcome this week's guest organist

Fred Burgomaster

Welcome back to St. Dunstan's Fred! Thank you for helping lead us as we worship in song.



Thank you to June and Norman Parris for providing baked goods for coffee hour today!

If you are able to host coffee hour on a Sunday please sign up on the Welcome table.

Parish Beautification Day Saturday, March 23rd 9am - 1pm



Our annual Parish Beautification Day will take place from 9 am - 1pm, Saturday, March 23rd; the day before Palm Sunday. The greater the numbers the greater

the joy and fellowship! We are sure we can find a task for all volunteers.

We need help in gardening, church cleaning (including window washing), and kitchen cleaning. Snacks will be served.

We look forward to seeing you there!

Dedicate Altar Flowers



This is a lovely and meaningful way to give

Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The cost of the flowers is \$30, but some give more. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

Sign up on the Welcome Table.

Help us get to know you by Filling out a Pew Card

If you are visiting us, are new to St. Dunstan's, or if your contact information has changed, please fill out a Pew Card and drop it in the collection plate. Thanks!

J2A (Journey To Adulthood) is back for the Spring!

Journey to Adulthood is a youth ministry program of spiritual formation for 6th-12th grades. J2A is centered on inclusive, relational ministry and uses Bible study, prayer, rites of passage, and service projects.

We welcome new and returning youth! If you didn't make it last year you are still welcome to join us now!

Here are Spring 2024 J2A dates. We will meet at St. Dunstan's on:

- March 10th, 4-5:30pm
- April 14th, 4-5:30pm
- May 5th, 4-5:30pm

Please also hold May 17th-18th for a possible overnight service pilgrimage to San Francisco. (Budget would be covered by the Women of St. Dunstan's. We will discuss details in our first meeting on March 10th and If overnight travel is unfeasible, we will do a local service project on Saturday May 18th like we did last year.)

St. Mary's Game Night March 21st 6:30-8:30



The adult "Seekers" group at St. Mary's has graciously invited any interested folks from St. Dunstan's to their upcoming game night! Participants are asked to bring a board game they'd like to play and a snack or beverage (wine is fine) to share with the group. If you plan to attend, please let Jackie Wendland know (text 831-236-0799 or e-mail jawendland@hotmail.com). St. Mary's needs an approximate head count to know how many table to set up. This kind invitation is a result of our two parishes coordinating to attend the movie "A Case for Love" and have dinner together afterwards in January. It promises to be a fun evening enjoying games and making new Episcopalian friends. Leaning into Week 3 of Lent, we continue our Reflection on Prayer.

The love that God has for us is given freely — without need for justification or reciprocation. Yet, we often find it difficult to allow ourselves to receive it. We may think we need to earn it, or that it somehow locks us in — that we have to repay it. For some of us, accepting love, or gifts of love, is impeccably hard. We may be so uncomfortable with receiving that we try to avoid it, or rush to return the gift immediately so that the playing field is even. We don't much like feeling beholden to someone. We don't like feeling like we could never give to others what they have so generously given to us. Yet God calls us to receive: to open our hearts up to the gift of others, and to welcome them with all that they are and aren't, into our lives. Let's be honest — we like to be in control, and we struggle to accept and trust that God's love for us, often made known to us through others, is all we need.

A Prayer for Acceptance:

Dear God, I so much want to be in control. I want to be the master of my own destiny. Still I know that you are saying: "Let me take you by the hand and lead you. Accept my love, and trust that where I will bring you, the deepest desires of your heart will be fulfilled." Lord, open my hands to receive your gift of love. Amen.



Question for Meditation: *In what ways am I afraid of dependence?*



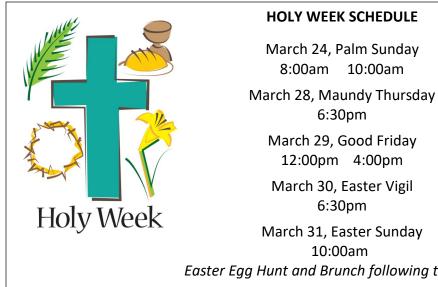
Father, forgive them for they know not what they do. A Lenten Exploration of Forgiveness

Mondays at 5pm — Soup Supper and Program

Jesus is always speaking into our human condition, giving us words of wisdom on how to follow him, and how to best tend to and care for ourselves and one another. Life can be hard, people disagree, and harm is done. We all know what it is to hurt, and each of us has at some time hurt others.

This week, we continue our exploration of Forgiveness. We'll hear from a variety of voices, writers and theologians as we look at what forgiveness is and isn't, how to forgive, and explore the challenges, barriers that get in our way — and also the difference forgiving can make. For us.

Please plan to join us for a delicious meal and rich conversation. And if you want to help with the preparation of the Soup Supper, send Peter Coote an email at pacoote57@gmail.com.



HOLY WEEK SCHEDULE

March 24, Palm Sunday 10:00am

March 29, Good Friday

March 30, Easter Vigil

March 31, Easter Sunday Easter Egg Hunt and Brunch following the service

Lent Madness is back!

Learn about two saints every day and vote on which should progress toward the Golden Halo! This is just for fun, but you also learn about two saints every day— a good thing for Lent. Go on line and visit <u>lentmadness.Org</u> every morning, read and vote! Watch the progress toward the Golden Halo on the bracket posted in Brock Hall.

Deadline for eNews, Bulletin

Items for our eNews and Sunday Bulletin should be submitted to stdunstanschurch@gmail.com by midnight Monday.

Wonder what's going on at St. Dunstan's?

Sign up today to receive

St. Dunstan's weekly eNews

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting <u>stdcv.org/subscribe</u> and entering your email address.

Children's schedule for March

- March 3— Sunday School in Brock Hall
- March 10— Children in Church with their families
- March 17— Sunday School in Brock Hall
- March 24— Palm Sunday, Children in Church with their families
- March 31— Easter Sunday! Easter Egg Hunt and Brunch following the service



Pastoral Care & Prayer Requests



For pastoral concerns, contact Rev. Laurel <u>revlaurel@stdcv.org</u> or on her cell 310-562-5746. And you can always leave a message on the Pastoral Care line at church <u>831-624-6646</u> ext 110.

Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to

<u>dok@stdcv.org</u>. The Daughters pray for members of our parish as well as many others daily.

St. Dunstan's Vestry

Susan Pitts, Senior Warden Jr. Warden—TBD Duncan Clarke Jack Enbom Sheila Hiebert Tracy Jones Carol Langland George Lockwood

Jackie Wendland

St. Dunstan's Staff

Rev Laurel Coote, Rector revlaurelc@gmail.com

Elizabeth Buche, Parish Administrator stdunstanschurch@gmail.com

Carol Langland, Treasurer carolstang@icloud.com

Joe Heston, Verger jwheston@aol.com

Alicia Sanoian, Asst. Controller alicia@axcessbcinc.com

Lauren Proulx Leonoff, School Director director@stdunstanschool.org

THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

Sunday, March 38:00 amHoly Eucharist8:30 amChoir Rehearsal9:00 amThe Path Bible Study Ch. 2010:00 amHoly Eucharist (live-streamed)11:00 amCoffee Hour	Thursday, March 79:30amDiscipleship Group12:00 pmQuilters Group4:00 pmFoundation MeetingFriday, March 8
Monday, March 4 Office Closed 5:00pm Lenten Soup Supper	Saturday, March 9 9:00 am Choir Rehearsal
<u>Tuesday, March 5</u>	Sunday, March 10
5:00 pm Zoom Compline	8:00 am Holy Eucharist
5:30 pm The Path Bible Study Ch. 20	8:30 am Choir Rehearsal
7:30 pm AA	9:00 am The Path Bible Study Ch. 21
 Wednesday, March 6 10:00 am Conversation and Communion Holy Eucharist 11:00 am Prayer Shawl Ministry 12:00 pm The Path Bible Study Ch. 20 1:30 pm DOK Meeting 	 10:00 am Holy Eucharist (live-streamed) 11:00 am Coffee Hour 4:00 pm J2A Gathering

View the entire parish calendar stdcv.org/calendar

MARCH BIRTHDAYS

- 1—Dave Beach
- 2—Flo von Platen
- 4—Shiree Robinson
- 7—Sue Spangler
- 9—Jeff Jones

- 10—Abigail Davis 10—Hannah Davis 12—Lisa Olsheskie
- 16—Kurt Buche
- 16—Mike Hendrickson
- 22—Sally Dietrich
- 24—Christine Shiber
- 27—Katherine Miller
- 28—Tracy Jones
- 28—Liz Rondelle
- 30—Art Pasquinelli

Sermon Notes