



**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

# THE THIRD SUNDAY IN LENT

March 3, 2024  
8 am

*Welcome to St Dunstan's! We are glad you are here!*  
*If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.*

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## THE LITURGY OF THE WORD

*All stand at the ringing of the bell.*

*The ministers process in silence.*

Priest Blessed be the God of our salvation:

**People Who bears our burdens and forgives our sins.**

### The Decalogue

*All kneel*

Priest Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

**People Amen. Lord have mercy.**

Priest You shall not make for yourself any idol.

**People Amen. Lord have mercy.**

Priest You shall not invoke with malice the Name of the Lord your God.

**People Amen. Lord have mercy.**

Priest Remember the Sabbath day and keep it holy.

**People Amen. Lord have mercy.**

Priest Honor your father and your mother.

**People Amen. Lord have mercy.**

Priest You shall not commit murder.

**People Amen. Lord have mercy.**

Priest You shall not commit adultery.

**People Amen. Lord have mercy.**

Priest You shall not steal.

**People Amen. Lord have mercy.**

Priest You shall not be a false witness.

**People Amen. Lord have mercy.**

Priest You shall not covet anything that belongs to your neighbor.

**People Amen. Lord have mercy.**

Priest Let us come to the Lord, who is full of compassion  
and acknowledge our transgressions in penitence and faith.

*A moment of silence is kept.*

**People God eternal, giver of light and grace,  
we have sinned against you and against our neighbors,  
in what we have thought, in what we have said and done,  
through ignorance, through weakness, through our own deliberate fault.  
We have wounded your love and marred your image in us.  
We are sorry and ashamed and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past and lead us out from darkness  
to walk as children of light. Amen.**

Priest May the God of all healing and forgiveness draw us to himself, and cleanse  
us from all our sins that we may behold the glory of his Son and Word  
made flesh, Jesus Christ our Lord. **Amen.**

*Remain standing or kneeling.*

Priest Lord, have mercy.

**People Christ, have mercy.**

Priest Lord, have mercy.

**The Collect of the Day** *The people stand or kneel.*

Priest The Lord be with you.

**People** **And also with you.**

Priest Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated.*

**Exodus 20:1–17**

*Moses gives the people the ten commandments that God spoke to him on Mount Sinai. These precepts are at the heart of Israel's law or Torah, and form the basis of the covenant with God established through Moses. The first four commandments prescribe Israel's relationship with God. Those which follow require fundamental responsibilities in human relationships.*

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader The Word of the Lord.

People **Thanks be to God.**

## Psalm 19

*A hymn which glorifies the Creator God, with special praise for the law and a prayer for avoidance of sin.*

- 1 The heavens declare the glory of God, \*  
and the firmament shows his handiwork.
- 2 One day tells its tale to another, \*  
and one night imparts knowledge to another.
- 3 Although they have no words or language, \*  
and their voices are not heard,
- 4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect and revives the soul; \*  
the testimony of the LORD is sure  
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just and rejoice the heart; \*  
the commandment of the LORD is clear  
and gives light to the eyes.

## 1 Corinthians 1:18–25

*Paul directs the Corinthians' attention to God's way of using what is weak and lowly—even what the world regards as foolish—to accomplish God's purposes. Paul emphasizes this understanding because a number of these new Christians had come to think of themselves as especially gifted and wise. Yet the cross has shown God active in the world in a manner surprising both to the Jews' expectation of powerful signs and to the Greek's desire for worldly wisdom.*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader The Word of the Lord.

People **Thanks be to God.**

*All stand.*

**John 2:13–22**

*Jesus cleanses the Jerusalem temple of its commercial activities, and his prediction that his body will become the new temple. The fourth evangelist places this incident very early in Jesus' ministry. It signifies the need to cleanse religious practices of corrupting influences and to put in their place a new form of worship. In the future Christians will worship God by sharing together in the risen life of Christ.*

Priest     The Holy Gospel of our Lord Jesus Christ according to John.

People     **Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Priest     The Gospel of the Lord.

People     **Praise to you, Lord Christ.**

**The Sermon**

The Rev. Laurel Coote

*After the sermon a brief silence is kept.*

## **The Nicene Creed** *All Stand.*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin  
Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**



**The Prayers of the People** *Standing or kneeling.*

*Form II*

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

Leader I ask your prayers for God's people throughout the world; For our Presiding Bishop, Michael; our Bishop, Lucinda; for this gathering; and for all ministers and people.

Pray for the Church.

*Silence*

Leader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

*Silence*

Leader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

*Silence*

Leader I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

*Silence*

Leader I ask your prayers for the departed, especially:

Pray for those who have died.

*Silence*

Leader I ask your prayers for members of the St. Dunstan's community, especially:

I invite you to add your names and thanksgivings either silently or aloud.

*Silence*

Leader Praise God for those in every generation in whom Christ has been honored.

Pray that we may have grace to glorify Christ in our own day.

*Silence*

Priest O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

**The Peace** *All stand.*

Priest The peace of the Lord be always with you.

**People And also with you.**

*The people exchange the peace with one another.*

**Announcements** *All are seated.*

## THE LITURGY OF THE TABLE

### Offertory Sentence

*During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at [www.stdcv.org](http://www.stdcv.org)*

Priest But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15-16*

### The Great Thanksgiving

*Eucharistic Prayer A*

*The people stand at the procession of the offering and remain standing.*

Priest The Lord be with you.

**People And also with you.**

Priest Lift up your hearts.

**People We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

**People It is right to give God thanks and praise.**

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**People Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The people stand or kneel.*

**Priest** Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**People Christ has died.  
Christ is risen.  
Christ will come again.**

Priest We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## **THE LORD'S PRAYER**

Priest And now, as our Savior Christ has taught us, we are bold to say,

**People Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **The Breaking of the Bread**

*The Priest breaks the consecrated bread.*

Priest Christ, our Passover is sacrificed for us.

**People Therefore let us keep the feast.**

### **The Fraction**

Priest Lamb of God, you take away the sins of the world,

**People Have mercy upon us.**

Priest Lamb of God, you take away the sins of the world,

**People Have mercy upon us.**

Priest Lamb of God, you take away the sins of the world,

**People Grant us peace.**

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

### **INVITATION TO COMMUNION**

All who come in faith seeking a deeper knowledge and love of Jesus Christ  
are welcome to receive Holy Communion. Come forward to receive  
the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your  
lips by touching the base.

**At this time, we are not able to allow dipping the wafer into the chalice.**

Those who prefer to receive a blessing, or who choose not to receive the cup,  
may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer.  
You may have communion brought to your seat by notifying an usher.

## The Prayer After Communion

Priest Let us pray.

**People** Compassionate and loving God, through your Son Jesus Christ you have fed us, and reconciled your people to yourself. May we who have shared in the holy meal know your forgiveness in our lives, bring your reconciliation to others, and be a sign of your wholeness in this broken world. Following Christ's example of fasting and prayer, may we obey you with willing hearts and serve one another in holy love. Amen.

*All stand for the blessing and dismissal*

## The Blessing

Priest Bow your head before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

And the blessing of God Almighty, Father, Son and Holy Spirit, be upon you and remain with you always. **Amen.**

## The Dismissal

Priest Let us go forth in the name of Christ.

**People Thanks be to God.**

*All are welcome to enjoy fellowship with one another outside the church during coffee hour.*

~

*The altar flowers are given to the Glory of God*

~

*St. Dunstan's Episcopal Church celebrates God's diverse creation and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity, culture, ethnicity, economic status, or ability.*



## Holy Week

### HOLY WEEK SCHEDULE

March 24, Palm Sunday  
8:00am 10:00am

March 28, Maundy Thursday  
6:30pm

March 29, Good Friday  
12:00pm 4:00pm

March 30, Easter Vigil  
6:30pm

March 31, Easter Sunday  
10:00am

*Easter Egg Hunt and Brunch following the service*



Daylight Savings time  
begins Sunday,  
March 10th.  
Remember to set  
your clocks one hour  
ahead!

### Parish Beautification Day Saturday, March 23rd 9am - 1pm

Our annual Parish Beautification Day will take place from 9 am - 1pm, Saturday, March 23rd; the day before Palm Sunday. The greater the numbers the greater the joy and fellowship! We are sure we can find a task for all volunteers.

We need help in gardening, church cleaning (including window washing), and kitchen cleaning. Snacks will be served.

We look forward to seeing you there!



**Father, forgive them for they know not what they do.**

***A Lenten Exploration of Forgiveness***

Mondays at 5pm — Soup Supper and Program

Jesus is always speaking into our human condition, giving us words of wisdom on how to follow him, and how to best tend to and care for ourselves and one another. Life can be hard, people disagree, and harm is done. We all know what it is to hurt, and each of us has at some time hurt others.

This week, we continue our exploration of Forgiveness. We'll hear from a variety of voices, writers and theologians as we look at what forgiveness is and isn't, how to forgive, and explore the challenges, barriers that get in our way — and also the difference forgiving can make. For us.

Please plan to join us for a delicious meal and rich conversation. And if you want to help with the preparation of the Soup Supper, send Peter Coote an email at [pacoote57@gmail.com](mailto:pacoote57@gmail.com).

**St. Mary's Game Night**

**March 21st**

**6:30-8:30**



The adult "Seekers" group at St. Mary's has graciously invited any interested folks from St. Dunstan's to their upcoming game night! Participants are asked to bring a board game they'd like to play and a snack or beverage (wine is fine) to share with the group. If you plan to attend, please let Jackie Wendland know (text 831-236-0799 or e-mail [jawendland@hotmail.com](mailto:jawendland@hotmail.com)). St. Mary's needs an approximate head count to know how many table to set up. This kind invitation is a result of our two parishes coordinating to attend the movie "A Case for Love" and have dinner together afterwards in January. It promises to be a fun evening enjoying games and making new Episcopalian friends.



## **Dedicate Altar Flowers**



This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The cost of the flowers is \$30, but some give more. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

Sign up on the Welcome Table.

## **St. Dunstan's Vestry**



Susan Pitts, Senior Warden  
Jr. Warden—TBD  
Duncan Clarke  
Jack Enbom  
Sheila Hiebert  
Tracy Jones  
Carol Langland  
George Lockwood  
Jackie Wendland

## **Pastoral Care & Prayer Requests**



For pastoral concerns, contact Rev. Laurel [revlaurel@stdcv.org](mailto:revlaurel@stdcv.org) or on her cell 310-562-5746. And you can always leave a message on the Pastoral Care line at church [831-624-6646](tel:831-624-6646) ext 110.

Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to [dok@stdcv.org](mailto:dok@stdcv.org). The Daughters pray for members of our parish as well as many others daily.

## **St. Dunstan's Staff**

Rev Laurel Coote, Rector  
[revlaurelc@gmail.com](mailto:revlaurelc@gmail.com)  
Elizabeth Buche, Parish Administrator  
[stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com)  
Carol Langland, Treasurer  
[carolstang@icloud.com](mailto:carolstang@icloud.com)  
Joe Heston, Verger  
[jwheston@aol.com](mailto:jwheston@aol.com)  
Alicia Sanoian, Asst. Controller  
[alicia@accessbcinc.com](mailto:alicia@accessbcinc.com)  
Lauren Proulx Leonoff, School Director  
[director@stdunstanschool.org](mailto:director@stdunstanschool.org)

## **J2A (Journey To Adulthood) is back for the Spring!**

Journey to Adulthood is a youth ministry program of spiritual formation for 6th-12th grades. J2A is centered on inclusive, relational ministry and uses Bible study, prayer, rites of passage, and service projects.

We welcome new and returning youth! If you didn't make it last year you are still welcome to join us now!

Here are Spring 2024 J2A dates. We will meet at St. Dunstan's on:

- March 10th, 4-5:30pm
- April 14th, 4-5:30pm
- May 5th, 4-5:30pm

Please also hold May 17th-18th for a possible overnight service pilgrimage to San Francisco. (Budget would be covered by the Women of St. Dunstan's. We will discuss details in our first meeting on March 10th and if overnight travel is unfeasible, we will do a local service project on Saturday May 18th like we did last year.)

*Help us get to know you by*

### **Filling out a Pew Card**

If you are visiting us, are new to St. Dunstan's, or if your contact information has changed, please fill out a Pew Card and drop it in the collection plate. Thanks!

### ***Wonder what's going on at St. Dunstan's?***

*Sign up today to receive*

### **St. Dunstan's weekly eNews**

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting [stdcv.org/subscribe](http://stdcv.org/subscribe) and entering your email address.

## **Children's schedule for March**

- March 3— Sunday School in Brock Hall
- March 10— Children in Church with their families
- March 17— Sunday School in Brock Hall
- March 24— Palm Sunday, Children in Church with their families
- March 31— Easter Sunday! Easter Egg Hunt and Brunch following the service



# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

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## Sunday, March 3

- 8:00 am Holy Eucharist
- 8:30 am Choir Rehearsal
- 9:00 am The Path Bible Study Ch. 20
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour

## Monday, March 4

Office Closed

- 5:00pm Lenten Soup Supper

## Tuesday, March 5

- 5:00 pm Zoom Compline
- 5:30 pm The Path Bible Study Ch. 20
- 7:30 pm AA

## Wednesday, March 6

- 10:00 am Conversation and Communion  
Holy Eucharist
- 11:00 am Prayer Shawl Ministry
- 12:00 pm The Path Bible Study Ch. 20
- 1:30 pm DOK Meeting

## Thursday, March 7

- 9:30am Discipleship Group
- 12:00 pm Quilters Group
- 4:00 pm Foundation Meeting

## Friday, March 8

## Saturday, March 9

- 9:00 am Choir Rehearsal

## Sunday, March 10

- 8:00 am Holy Eucharist
- 8:30 am Choir Rehearsal
- 9:00 am The Path Bible Study Ch. 21
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour
- 4:00 pm J2A Gathering

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View the entire parish calendar [stdcv.org/calendar](http://stdcv.org/calendar)

## MARCH BIRTHDAYS

- |                   |                     |                     |
|-------------------|---------------------|---------------------|
| 1—Dave Beach      | 10—Abigail Davis    | 22—Sally Dietrich   |
| 2—Flo von Platen  | 10—Hannah Davis     | 24—Christine Shiber |
| 4—Shiree Robinson | 12—Lisa Olsheskie   | 27—Katherine Miller |
| 7—Sue Spangler    | 16—Kurt Buche       | 28—Tracy Jones      |
| 9—Jeff Jones      | 16—Mike Hendrickson | 28—Liz Rondelle     |
|                   |                     | 30—Art Pasquinelli  |

**Sermon Notes**