



ST. DUNSTAN'S
EPISCOPAL CHURCH

THE FOURTH SUNDAY IN LENT

March 10, 2024
8 am

Welcome to St Dunstan's! We are glad you are here!

If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.

THE LITURGY OF THE WORD

All stand at the ringing of the bell.

The ministers process in silence.

Priest Blessed be the God of our salvation:

People Who bears our burdens and forgives our sins.

Priest Let us come to the Lord, who is full of compassion
and acknowledge our transgressions in penitence and faith.

The people kneel. A moment of silence is kept.

**People God eternal, giver of light and grace,
we have sinned against you and against our neighbors,
in what we have thought, in what we have said and done,
through ignorance, through weakness, through our own deliberate fault.
We have wounded your love and marred your image in us.
We are sorry and ashamed and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past and lead us out from darkness
to walk as children of light. Amen.**

Priest May the God of all healing and forgiveness draw us to himself, and cleanse us
from all our sins that we may behold the glory of his Son and Word made
flesh, Jesus Christ our Lord. **Amen.**

Remain standing or kneeling.

Priest Lord, have mercy.

People Christ, have mercy.

Priest Lord, have mercy.

The Collect of the Day *The people stand or kneel.*

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

God, rich in mercy, whose light reveals the truth of things, the judgement we bring on ourselves: we thank you that you sent your Son to save and not condemn; in his self-giving love may life abundant reign; through Jesus Christ, who was lifted up for us. **Amen.**

The people are seated.

Numbers 21:4–9

The impatient Israelites set out from Mount Hor, where Aaron was buried, to detour around the hostile country of Edom. The people complain against God and Moses about challenging conditions, as they have so often since their departure from Egypt. God sends poisonous serpents among the people, and the people respond by repenting of their disobedience. The Lord instructs Moses to make a bronze serpent and set it on a pole so that any who are bitten may look upon this sign of God's faithfulness and live.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 107:1–3, 17–22

Thanksgiving is offered to the Lord, who saves from storms and other dangers those who will call upon God's name.

1 Give thanks to the LORD, for he is good, *
and his mercy endures for ever.

2 Let all those whom the LORD has redeemed proclaim *
that he redeemed them from the hand of the foe.

3 He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.

17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.

18 They abhorred all manner of food *
and drew near to death's door.

19 Then they cried to the LORD in their trouble, *
and he delivered them from their distress.

20 He sent forth his word and healed them *
and saved them from the grave.

21 Let them give thanks to the LORD for his mercy *
and the wonders he does for his children.

22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

Ephesians 2:1–10

Christians have been saved by God's free gift. When we were dead in our sins, God raised us up with Christ that we might know the immeasurable riches of God's graciousness. Although we are saved by faith and not by our good deeds, we are now able to do the good works for which God has made us capable.

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader The Word of the Lord.

People Thanks be to God.

All stand.

John 3:14–21

The image of Moses lifting up the bronze serpent in the wilderness is metaphorically related to Jesus' lifting up on the cross. Just as the repentant Israelites could look upon Moses' raised standard and be saved from the poisonous bite of a serpent, so all who look upon the crucified Christ in faith will be saved from their sins. Jesus did not come to condemn, but to be the saving light who draws many to himself.

Priest The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

Priest The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Rev. Laurel Coote

After the sermon a brief silence is kept.

The Nicene Creed *All Stand.*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

The Prayers of the People *Standing or kneeling.*

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Leader I ask your prayers for God's people throughout the world; For our Presiding Bishop, Michael; our Bishop, Lucinda; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

Leader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

Silence

Leader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

Silence

Leader I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

Silence

Leader I ask your prayers for the departed, especially:

Pray for those who have died.

Silence

Leader I ask your prayers for members of the St. Dunstan's community, especially:

I invite you to add your names and thanksgivings either silently or aloud.

Silence

Leader Praise God for those in every generation in whom Christ has been honored.

Pray that we may have grace to glorify Christ in our own day.

Silence

Priest O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Peace *All stand.*

Priest The peace of the Lord be always with you.

People And also with you.

The people exchange the peace with one another.

Announcements *All are seated.*

THE LITURGY OF THE TABLE

Offertory Sentence

During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at www.stdcv.org

Priest But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15-16*

The Great Thanksgiving

Eucharistic Prayer A

The people stand at the procession of the offering and remain standing.

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

People **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people stand or kneel.

Priest Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People **Christ has died.**
Christ is risen.
Christ will come again.

Priest We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

Priest And now, as our Savior Christ has taught us, we are bold to say,

People **Our Father, who art in heaven,**
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The Priest breaks the consecrated bread.

Priest Christ, our Passover is sacrificed for us.

People Therefore let us keep the feast.

The Fraction

Priest Lamb of God, you take away the sins of the world,

People Have mercy upon us.

Priest Lamb of God, you take away the sins of the world,

People Have mercy upon us.

Priest Lamb of God, you take away the sins of the world,

People Grant us peace.

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

INVITATION TO COMMUNION

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

At this time, we are not able to allow dipping the wafer into the chalice.

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.

The Prayer After Communion

Priest Let us pray.

People Compassionate and loving God, through your Son Jesus Christ you have fed us, and reconciled your people to yourself. May we who have shared in the holy meal know your forgiveness in our lives, bring your reconciliation to others, and be a sign of your wholeness in this broken world. Following Christ's example of fasting and prayer, may we obey you with willing hearts and serve one another in holy love. Amen.

The Blessing

Priest Bow your head before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

And the blessing of God Almighty, Father, Son and Holy Spirit, be upon you and remain with you always. **Amen.**

The Dismissal

Priest Let us go forth in the name of Christ.

People Thanks be to God.

All are welcome to enjoy fellowship with one another outside the church during coffee hour.

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The altar flowers are given to the Glory of God and in Thanksgiving for Charles Andrews and Tina Nelms by Steve Andrews

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St. Dunstan's Episcopal Church celebrates God's diverse creation and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity, culture, ethnicity, economic status, or ability.

Prayer and Hope

This 4th week of Lent, we continue our exploration of prayer with **Prayer and Hope**. What might our prayers look like, if instead of making asks of God, we expressed our deepest hope for ourselves, our community, and our world? We can get consumed by the “tangibles”...the outcomes and expectations to which we attach ourselves. We can become so imbedded in the present moment, that we forget to hope. The question Henri Nouwen suggests we ask ourselves is this: Are we praying prayers of hope, or prayers of little faith? St. Paul reminds us that God can do infinitely more than we can ask, or imagine — and somehow that gives us permission to hope — to look beyond the hard reality of today, and to cast our sights on possibility, wonder, things hoped for! And then, rather than worrying about whether our prayers will come to fruition, we can instead set our attention upon the giver of all good things.

When we pray to God, with hope, we express that we have trust in God, and we give thanks for all that God does for us now, and all that is yet to come.

A Prayer for Hope

Dear God,

I am full of wishes, full of desires,
full of expectations.

Some of them may be realized, many may not,
but in the midst of all my satisfactions
and disappointments, I hope in you.

I know that you will never leave me alone
and will fulfill your divine promises.

Even when it seems that things are not going my way,
I know that they are going your way
and that, in the end, your way is the best way for me.

O Lord, strengthen my hope,
especially when my many wishes are not fulfilled.

Let me never forget that your name is Love.

Amen

Question for meditation:

Can my hope in God grow deeper and stronger even when my many wishes remain unfulfilled?

Holy Week Schedule



*This Holy Week, St. Dunstan's and St. Mary's are partnering with one another.
All services below are at St. Dunstan's unless noted otherwise:*

March 24, Palm Sunday

*Liturgy of the Palms on the Breezeway Patio; Worship inside with the Passion Gospel
8:00am 10:00am*

March 28, Maundy Thursday

*Agape Meal with Blessing of Bread and Wine in Brock Hall,
followed by Eucharist and the Stripping of the Altar in the Sanctuary
6:30pm*

March 29, Good Friday

Good Friday Service
12:00pm

A Walk in Jerusalem
Outdoor Stations of the Cross
4:00pm

Good Friday Service at St. Mary's in Pacific Grove
7:00pm

March 30, Easter Vigil

Moving from Darkness into the Light of Easter!
6:30pm
(Rev. Kristine Johnson will co-officiate with Rev. Laurel)

March 31, Easter Sunday!

One Service - 10:00am

Easter Egg Hunt and Brunch following the service

Father, forgive them for they know not what they do.

A Lenten Exploration of Forgiveness

Mondays at 5pm — Soup Supper and Program

Jesus is always speaking into our human condition, giving us words of wisdom on how to follow him, and how to best tend to and care for ourselves and one another. Life can be hard, people disagree, and harm is done. We all know what it is to hurt, and each of us has at some time hurt others.

This week we will hear from Fr. Greg Boyle of Homeboy Industries, who calls us to Forgive Everyone Everything. Is everything forgivable? How do we become people who forgive, especially in difficult moments?

Please plan to join us for a delicious meal and rich conversation. And if you want to help with the preparation of the Soup Supper, send Peter Coote an email at pacoote57@gmail.com.

St. Mary's Game

Night

March 21st

6:30-8:30



The adult "Seekers" group at St. Mary's has graciously invited any interested folks from St. Dunstan's to their upcoming game night! Participants are asked to bring a board game they'd like to play and a snack or beverage (wine is fine) to share with the group. If you plan to attend, please let Jackie Wendland know (text 831-236-0799 or e-mail jawendland@hotmail.com).

During Lent, the Daughters of the King are available during Communion to offer prayers on your, or someone else's, behalf. At both the 8 & 10am services, a Daughter will be in the back of the church, by the sacristy door, to accept your request & pray for you, or someone dear to you.



Dedicate an Easter Lily



This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The suggested donation is \$20. Checks should be made out to St. Dunstan's with "Easter Lily" in the memo.

Sign up on the Welcome Table.

Baptisms Offered

March 30, 2024



Our next baptisms will take place on Saturday, March 30th during the beautiful Easter Vigil service, a service that takes us from the darkness of Lent and Holy Week in to the Light of Christ's Resurrection and Easter. If you are interested in baptism for yourself or for a family member, please contact Rev. Laurel.

St. Dunstan's Vestry



Susan Pitts, Senior Warden
Jr. Warden—Jackie Wendland
Duncan Clarke
Jack Enbom
Sheila Hiebert
Tracy Jones
Carol Langland
George Lockwood

St. Dunstan's Staff

Rev Laurel Coote, Rector
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Joe Heston, Verger
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Alicia Sanoian, Asst. Controller
alicia@accessbcinc.com

Lauren Proulx Leonoff, School Director
director@stdunstanschool.org

J2A (Journey To Adulthood) *TODAY!*

Journey to Adulthood is a youth ministry program of spiritual formation for 6th-12th grades. J2A is centered on inclusive, relational ministry and uses Bible study, prayer, rites of passage, and service projects.

We welcome new and returning youth! If you didn't make it last year you are still welcome to join us now!

Here are Spring 2024 J2A dates. We will meet at St. Dunstan's on:

- March 10th, 4-5:30pm
- April 14th, 4-5:30pm
- May 5th, 4-5:30pm

Please also hold May 17th-18th for a possible overnight service pilgrimage to San Francisco. (Budget would be covered by the Women of St. Dunstan's. We will discuss details in our first meeting on March 10th and If overnight travel is unfeasible, we will do a local service project on Saturday May 18th like we did last year.)

Parish Beautification Day *Saturday, March 23rd* *9am - 1pm*



Our annual Parish Beautification Day will take place from 9 am - 1pm, Saturday, March 23rd; the day before Palm Sunday. The greater the numbers the greater the joy and fellowship! We are sure we can find a task for all volunteers.



We need help in gardening, church cleaning (including window washing), and kitchen cleaning. Snacks will be served.



We will also be making palm crosses for Palm Sunday. Instruction will be provided. This is a wonderful activity for children and adults!

We look forward to seeing you there!

**Easter Sunday
Easter Egg Hunt and Brunch
Following the 10am Service
(reminder, there is only ONE service on Easter Sunday)**



Join us for an Easter Celebration following the service on Easter Sunday! There will be an Easter Egg Hunt for the children and an Easter Brunch for everyone! Please sign up to bring something to share. A sign up sheet can be found on the welcome table. The church will provide ham, bread and condiments for sandwiches as well as Lemonade, Ice Tea and Water.



The Easter Bunny could also use your help! We are collecting filled eggs for the egg hunt. Donations can be dropped off in the church office Tuesday—Thursday between 9am and 1pm
Thank you!

Lent Madness is back!

Learn about two saints every day and vote on which should progress toward the Golden Halo! This is just for fun, but you also learn about two saints every day— a good thing for Lent. Go on line and visit lentmadness.Org every morning, read and vote! Watch the progress toward the Golden Halo on the bracket posted in Brock Hall.

Children's schedule for March

- March 10— Children in Church with their families
- March 17— Sunday School in Brock Hall
- March 24— Palm Sunday, Children in Church with their families
- March 31— Easter Sunday! Easter Egg Hunt and Brunch following the service



THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

Sunday, March 10

- 8:00 am Holy Eucharist
- 8:30 am Choir Rehearsal
- 9:00 am The Path Bible Study Ch. 21
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour
- 4:00 pm J2A Gathering

Monday, March 11

Office Closed

- 5:00pm Lenten Soup Supper

Tuesday, March 12

- 5:00 pm Zoom Compline
- 5:30 pm The Path Bible Study Ch. 21
- 7:30 pm AA

Wednesday, March 13

- 10:00 am Conversation and Communion
Holy Eucharist
- 11:00 am Prayer Shawl Ministry
- 12:00 pm The Path Bible Study Ch. 21

Thursday, March 14

- 9:30am Discipleship Group
- 3:00 pm Finance Meeting

Friday, March 15

Saturday, March 16

- 9:00 am Choir Rehearsal
- 10:30 am Haiti Team Meeting

Sunday, March 17

- 8:00 am Holy Eucharist
- 9:00 am Choir Rehearsal
- 9:00 am The Path Bible Study Ch. 22
- 10:00 am Holy Eucharist (live-streamed)
- 11:00 am Coffee Hour

View the entire parish calendar stdcv.org/calendar

MARCH BIRTHDAYS

- | | | |
|-------------------|---------------------|---------------------|
| 1—Dave Beach | 10—Abigail Davis | 22—Sally Dietrich |
| 2—Flo von Platen | 10—Hannah Davis | 24—Christine Shiber |
| 4—Shiree Robinson | 12—Lisa Olsheskie | 27—Katherine Miller |
| 7—Sue Spangler | 16—Kurt Buche | 28—Tracy Jones |
| 9—Jeff Jones | 16—Mike Hendrickson | 28—Liz Rondelle |
| | | 30—Art Pasquinelli |

Sermon Notes