



**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

# THE FIFTH SUNDAY IN LENT

March 17, 2024  
8 am

*Welcome to St Dunstan's! We are glad you are here!*

*If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.*

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## THE LITURGY OF THE WORD

*All stand at the ringing of the bell.*

*The ministers process in silence.*

Priest Blessed be the God of our salvation:

**People Who bears our burdens and forgives our sins.**

Priest Let us come to the Lord, who is full of compassion  
and acknowledge our transgressions in penitence and faith.

*The people kneel. A moment of silence is kept.*

**People God eternal, giver of light and grace,  
we have sinned against you and against our neighbors,  
in what we have thought, in what we have said and done,  
through ignorance, through weakness, through our own deliberate fault.  
We have wounded your love and marred your image in us.  
We are sorry and ashamed and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past and lead us out from darkness  
to walk as children of light. Amen.**

Priest May the God of all healing and forgiveness draw us to himself, and cleanse us  
from all our sins that we may behold the glory of his Son and Word made  
flesh, Jesus Christ our Lord. **Amen.**

*The people stand or kneel.*

Priest Lord, have mercy.

**People Christ, have mercy.**

Priest Lord, have mercy.

**The Collect of the Day** *The people stand or kneel.*

Priest The Lord be with you.

**People And also with you.**

Priest Let us pray.

Lord of the new covenant, in Christ you draw all people to yourself: may we die with him to the powers of hate and let him show us a world loved by you, through Jesus Christ, the fruitful grain. **Amen.**

*The people are seated.*

**Jeremiah 31:31–34**

*The prophet Jeremiah foresees a new covenant which God will make with the people, a covenant written not on tablets of stone but on human hearts. Israel and Judah have broken the covenant made when the Lord brought them out of slavery in Egypt. Now they are about to go into exile. Yet the days are coming when their sins will be forgiven, and God will establish a new relationship with them. This covenant will be based not on external law but on an inner knowing of the Lord.*

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the Lord,” for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Reader The Word of the Lord.

**People Thanks be to God.**

## **Psalm 51:1–9**

*A confession of sin and guilt and a prayer for a clean heart.*

- 1 Have mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
and cleanse me from my sin.
- 3 For I know my transgressions, \*  
and my sin is ever before me.
- 4 Against you only have I sinned \*  
and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.

## Hebrews 5:5–10

*Through his obedience and suffering Christ reached the perfection of his destiny and was designated by God to be the eternal high priest. The high priesthood of Jesus is the great theme of the Letter to the Hebrews. Like the high priests of the old covenant, Christ is chosen from among human beings and so has sympathy with human weakness. But he is the Son and has now been named high priest forever. He succeeds Melchizedek, a royal and priestly figure from antiquity.*

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

“You are my Son,  
today I have begotten you”;  
as he says also in another place,

“You are a priest forever,  
according to the order of Melchizedek.”

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Reader The Word of the Lord.

People **Thanks be to God.**

*All stand.*

**John 12:20–33**

*Jesus teaches about the meaning of his death. After his prayer to God a voice from heaven is heard. Greeks wish to see Jesus, but he will not draw all others to himself until after he has died and has risen. Then, like a seed which falls into the earth, he will bear much fruit. Disciples must also learn to serve Jesus by following him in this way. Now is the hour for the Son of Man to be glorified—glorified both by his willingness to be lifted up on the cross to die for others, and afterward to be lifted up to heaven.*

Priest     The Holy Gospel of our Lord Jesus Christ according to John.

**People     Glory to you, Lord Christ.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

“Now my soul is troubled. And what should I say—‘Father, save me from this hour’? No, it is for this reason that I have come to this hour. Father, glorify your name.” Then a voice came from heaven, “I have glorified it, and I will glorify it again.” The crowd standing there heard it and said that it was thunder. Others said, “An angel has spoken to him.” Jesus answered, “This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.” He said this to indicate the kind of death he was to die.

Priest     The Gospel of the Lord.

**People     Praise to you, Lord Christ.**

## **The Sermon**

The Rev. Laurel Coote

*After the sermon a brief silence is kept.*

## **The Nicene Creed** *All Stand.*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin  
Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,**

**and the life of the world to come. Amen.**

**The Prayers of the People** *Standing or kneeling.*

*Form II*

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

Leader I ask your prayers for God's people throughout the world; For our Presiding Bishop, Michael; our Bishop, Lucinda; for this gathering; and for all ministers and people.

Pray for the Church.

*Silence*

Leader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

*Silence*

Leader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

*Silence*

Leader I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

*Silence*

Leader I ask your prayers for the departed, especially:

Pray for those who have died.

*Silence*

Leader I ask your prayers for members of the St. Dunstan's community, especially:

I invite you to add your names and thanksgivings either silently or aloud.

*Silence*

Leader Praise God for those in every generation in whom Christ has been honored.

Pray that we may have grace to glorify Christ in our own day.

*Silence*

Priest O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

**The Peace** *All stand.*

Priest The peace of the Lord be always with you.

**People And also with you.**

*The people exchange the peace with one another.*

**Announcements** *All are seated.*

## THE LITURGY OF THE TABLE

### Offertory Sentence

*During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at [www.stdcv.org](http://www.stdcv.org)*

Priest But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15-16*

### The Great Thanksgiving

*Eucharistic Prayer A*

*The people stand at the procession of the offering and remain standing.*

Priest The Lord be with you.

**People And also with you.**

Priest Lift up your hearts.

**People We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.



**People** **It is right to give God thanks and praise.**

**Priest** It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**People** **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The people stand or kneel.*

**Priest** Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**People** **Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

**Priest** We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## **THE LORD'S PRAYER**

**Priest** And now, as our Savior Christ has taught us, we are bold to say,

**People** **Our Father, who art in heaven,**  
**hallowed be thy Name,**  
**thy kingdom come,**  
**thy will be done,**  
**on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses,**  
**as we forgive those who trespass against us.**  
**And lead us not into temptation,**  
**but deliver us from evil.**  
**For thine is the kingdom,**  
**and the power, and the glory,**  
**for ever and ever. Amen.**

## **The Breaking of the Bread**

*The Priest breaks the consecrated bread.*

Priest Christ, our Passover is sacrificed for us.

**People Therefore let us keep the feast.**

## **The Fraction**

Priest Lamb of God, you take away the sins of the world,

**People Have mercy upon us.**

Priest Lamb of God, you take away the sins of the world,

**People Have mercy upon us.**

Priest Lamb of God, you take away the sins of the world,

**People Grant us peace.**

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

### **INVITATION TO COMMUNION**

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

**At this time, we are not able to allow dipping the wafer into the chalice.**

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.

## The Prayer After Communion

Priest Let us pray.

**People** Compassionate and loving God, through your Son Jesus Christ you have fed us, and reconciled your people to yourself. May we who have shared in the holy meal know your forgiveness in our lives, bring your reconciliation to others, and be a sign of your wholeness in this broken world. Following Christ's example of fasting and prayer, may we obey you with willing hearts and serve one another in holy love. Amen.

## The Blessing

Priest Bow your head before the Lord.

May God be  
a bright flame before you,  
a guiding star above you,  
a smooth path before you,  
a kindly shepherd behind you,  
tonight and tomorrow and for ever. **Amen.**

## The Dismissal

Priest Let us go forth in the name of Christ.

**People Thanks be to God.**

*All are welcome to enjoy fellowship with one another outside the church during coffee hour.*

~

*The altar flowers are given to the Glory of God*

~

*St. Dunstan's Episcopal Church celebrates God's diverse creation and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity, culture, ethnicity, economic status, or ability.*

## Prayer and Compassion.

We are, by nature, communal beings. We come into the world dependent upon others, and as we grow and gain independence for a while we think the whole world evolves around us! (And at ages 2-4, it usually does!) But slowly, as we begin to socialize and share space with others, we come to realize that we are part of something more — we are part of community. And in community, there is a call to connect, to share, to tend to and care for one another. Nouwen suggests that when we pray — it is not only God, or ourselves that we ought to pray for, but also for others. We are invited to bring the cares and concerns for our neighbors to God not with pity or in sympathy, but with heartfelt compassion for them. He says, “Compassion goes beyond distance and exclusiveness; it grows with the inner recognition that our neighbor, perhaps especially when they upset us, shares humanity with us. Compassion helps us to break through the barriers that divide us, so that we can reach across the distance, asking for God’s grace upon them. In seeing that we are more alike than not, we begin to love and accept others for who they are, in the hope and prayer that they will do the same for us. It is in this shared compassion that we become kindred, and perhaps then, we can share and celebrate life’s joys, as well as companion one another through life’s sorrows.

Dear God,  
As you draw me ever deeper into your heart,  
I discover that my companions on the journey  
are women and men  
loved by you as fully and as intimately as I am.  
In your compassionate heart,  
there is a place for all of them.  
No one excluded.  
Give me a share in your compassion, dear God,  
so that your unlimited love may become visible  
in the way I love my brothers and sisters.  
*Amen.*

*Question for Meditation: How can I recognize the suffering of my sisters and brothers in my own heart?*

# Holy Week Schedule



*This Holy Week, St. Dunstan's and St. Mary's are partnering with one another.  
All services below are at St. Dunstan's unless noted otherwise:*

## **March 24, Palm Sunday**

*Liturgy of the Palms on the Breezeway Patio; Worship inside with the Passion Gospel*  
8:00am 10:00am

## **March 28, Maundy Thursday**

*Agape Meal with Blessing of Bread and Wine in Brock Hall,  
followed by Eucharist and the Stripping of the Altar in the Sanctuary*  
6:30pm

## **March 29, Good Friday**

Good Friday Service  
12:00pm

A Walk in Jerusalem  
*Outdoor Stations of the Cross*  
4:00pm

Good Friday Service at St. Mary's in Pacific Grove  
7:00pm

## **March 30, Easter Vigil**

*Moving from Darkness into the Light of Easter!*  
6:30pm  
*(Rev. Kristine Johnson will co-officiate with Rev. Laurel)*

## **March 31, Easter Sunday!**

***One Service*** - 10:00am

*Easter Egg Hunt and Brunch following the service*

**Father, forgive them for they know not what they do.**

***A Lenten Exploration of Forgiveness***

Mondays at 5pm — Soup Supper and Program

Jesus is always speaking into our human condition, giving us words of wisdom on how to follow him, and how to best tend to and care for ourselves and one another. Life can be hard, people disagree, and harm is done. We all know what it is to hurt, and each of us has at some time hurt others.

Our final conversation around Forgiveness will focus upon our Need for Forgiveness. Our liturgy and Book of Common Prayer call upon us to confess or to repent our sins, and then to seek God’s forgiveness. We’ll examine together the Rite of Reconciliation (Confession), the importance of seeking and being forgiven, and how in doing so, we become people better able to forgive others! I hope you’ll join us for a delicious meal and rich conversation. And if you want to help with the preparation of the Soup Supper, send Peter Coote an email at [pacoote57@gmail.com](mailto:pacoote57@gmail.com).

**St. Mary’s Game  
Night  
March 21st  
6:30-8:30**



The adult “Seekers” group at St. Mary’s has graciously invited any interested folks from St. Dunstan’s to their upcoming game night! Participants are asked to bring a board game they’d like to play and a snack or beverage (wine is fine) to share with the group. If you plan to attend, please let Jackie Wendland know (text 831-236-0799 or e-mail [jawendland@hotmail.com](mailto:jawendland@hotmail.com) ).

During Lent, the Daughters of the King are available during Communion to offer prayers on your, or someone else's, behalf. At both the 8 & 10am services, a Daughter will be in the back of the church, by the sacristy door, to accept your request & pray for you, or someone dear to you.



## Dedicate an Easter Lily



This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The suggested donation is \$20. Checks should be made out to St. Dunstan's with "Easter Lily" in the memo.

Sign up on the Welcome Table.

## Baptisms Offered

**March 30, 2024**



Our next baptisms will take place on Saturday, March 30th during the beautiful Easter Vigil service, a service that takes us from the darkness of Lent and Holy Week in to the Light of Christ's Resurrection and Easter. If you are interested in baptism for yourself or for a family member, please contact Rev. Laurel.

## St. Dunstan's Vestry



Susan Pitts, Senior Warden  
Jackie Wendland, Jr. Warden  
Duncan Clarke  
Jack Enbom  
Sheila Hiebert  
Tracy Jones  
Carol Langland  
George Lockwood

## St. Dunstan's Staff

Rev Laurel Coote, Rector  
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Elizabeth Buche, Parish Administrator  
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Carol Langland, Treasurer  
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Joe Heston, Verger  
jwheston@aol.com

Alicia Sanoian, Asst. Controller  
alicia@accessbcinc.com

Lauren Proulx Leonoff, School Director  
director@stdunstanschool.org



## **J2A (Journey To Adulthood) *TODAY!***

Journey to Adulthood is a youth ministry program of spiritual formation for 6th-12th grades. J2A is centered on inclusive, relational ministry and uses Bible study, prayer, rites of passage, and service projects.

We welcome new and returning youth! If you didn't make it last year you are still welcome to join us now!

Here are Spring 2024 J2A dates. We will meet at St. Dunstan's on:

- March 10th, 4-5:30pm
- April 14th, 4-5:30pm
- May 5th, 4-5:30pm

Please also hold May 17th-18th for a possible overnight service pilgrimage to San Francisco. (Budget would be covered by the Women of St. Dunstan's. We will discuss details in our first meeting on March 10th and If overnight travel is unfeasible, we will do a local service project on Saturday May 18th like we did last year.)

## **Parish Beautification Day** ***Saturday, March 23rd*** ***9am - 1pm***



Our annual Parish Beautification Day will take place from 9 am - 1pm, Saturday, March 23rd; the day before Palm Sunday. The greater the numbers the greater the joy and fellowship! We are sure we can find a task for all volunteers.



We need help in gardening, church cleaning (including window washing), and kitchen cleaning. Snacks will be served.



We will also be making palm crosses for Palm Sunday. Instruction will be provided. This is a wonderful activity for children and adults!

We look forward to seeing you there!

**Easter Sunday  
Easter Egg Hunt and Brunch  
Following the 10am Service  
(reminder, there is only ONE service on Easter Sunday)**



Join us for an Easter Celebration following the service on Easter Sunday! There will be an Easter Egg Hunt for the children and an Easter Brunch for everyone! Please sign up to bring something to share. A sign up sheet can be found on the welcome table. The church will provide ham, bread and condiments for sandwiches as well as Lemonade, Ice Tea and Water.



The Easter Bunny could also use your help! We are collecting filled eggs for the egg hunt. Donations can be dropped off in the church office Tuesday—Thursday between 9am and 1pm  
Thank you!

**I-Help next Thursday,  
March 21st**

Look for the Sign-Up sheet on the welcome table to bring in food for the men's dinner on the 21st. We appreciate your contributions!

Thank you from the I-HELP Team

**Children's schedule for March**

- March 10— Children in Church with their families
- March 17— Sunday School in Brock Hall
- March 24— Palm Sunday, Children in Church with their families
- March 31— Easter Sunday! Easter Egg Hunt and Brunch following the service



# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

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## Sunday, March 17

**8:00 am** Holy Eucharist  
**9:00 am** Choir Rehearsal  
**9:00 am** The Path Bible Study Ch. 22  
**10:00 am** Holy Eucharist (live-streamed)  
**11:00 am** Coffee Hour

## Monday, March 18

**Office Closed**

**5:00pm** Lenten Soup Supper

## Tuesday, March 19

**5:00 pm** Zoom Compline  
**5:30 pm** The Path Bible Study Ch. 22  
**7:30 pm** AA

## Wednesday, March 20

**10:00 am** Conversation and Communion  
Holy Eucharist  
**11:00 am** Prayer Shawl Ministry  
**12:00 pm** The Path Bible Study Ch. 22

## Thursday, March 21

**9:30am** Discipleship Group  
**4:00 pm** Vestry Meeting  
**4:00 pm** I-Help Men

## Friday, March 22

## Saturday, March 23

**9:00 am** Choir Rehearsal  
**9:00am** Parish Beautification Day and  
Palm Cross Making

## Sunday, March 24

**8:00 am** Holy Eucharist  
**9:00 am** Choir Rehearsal  
**10:00 am** Holy Eucharist (live-streamed)  
**11:00 am** Coffee Hour

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View the entire parish calendar [stdcv.org/calendar](http://stdcv.org/calendar)

## MARCH BIRTHDAYS

1—Dave Beach	10—Abigail Davis	22—Sally Dietrich
2—Flo von Platen	10—Hannah Davis	24—Christine Shiber
4—Shiree Robinson	12—Lisa Olsheskie	27—Katherine Miller
7—Sue Spangler	16—Kurt Buche	28—Tracy Jones
9—Jeff Jones	16—Mike Hendrickson	28—Liz Rondelle
		30—Art Pasquinelli

**Sermon Notes**