



**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

# THE 11TH SUNDAY AFTER PENTECOST

August 4, 2024  
8 am

*Welcome to St Dunstan's! We are glad you are here!*  
*If you are new, or would like to update your information, please fill out a pew card. Thank you for silencing your cell phones.*

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## THE LITURGY OF THE WORD

*All stand at the ringing of the bell.*

Priest Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Priest There is one Body and one Spirit:

People **There is one hope in God's call to us;**

Priest One Lord, one Faith, one Baptism;

People **One God and Father of all.**

Priest The Lord be with you.

People **And also with you.**

All **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

People **Glory to God in the highest,**

**and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks,**

**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God,**

**you take away the sin of the world: have mercy on us;**

**you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

**The Collect of the Day** *The people stand or kneel.*

Priest The Lord be with you.

**People And also with you.**

Priest Let us pray.

God of Moses, who rained down bread on Israel's wandering people: lead us to the food that never leaves us craving, addicted to consuming, but fills our whole humanity with life enough for all; through Jesus Christ, the bread of heaven. **Amen.**

*The people are seated.*

**2 Samuel 11:26–12:13a**

*The conclusion of the sorry tale of David's adultery with Bathsheba, whose husband Uriah was led to his death in battle at David's command. David has acted miserably and then lowered the shades of his conscience. The Lord sends the prophet Nathan and, by means of a story, he finds a way to catch the conscience of the king. David is granted forgiveness and will not die for his crime, but will suffer through the death of his child.*

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, and the LORD sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to

prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the LORD lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

Nathan said to David, "You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the LORD."

**Reader** Hear what the Spirit is saying to God's people.

**People** **Thanks be to God.**

### **Psalm 1**

*The Lord makes fruitful those who choose the way of righteousness.*

- 1 Happy are they who have not walked in the counsel of the wicked, \*  
nor lingered in the way of sinners,  
nor sat in the seats of the scornful!
- 2 Their delight is in the law of the LORD, \*  
and they meditate on his law day and night.
- 3 They are like trees planted by streams of water,  
bearing fruit in due season, with leaves that do not wither; \*  
everything they do shall prosper.

4 It is not so with the wicked; \*  
they are like chaff which the wind blows away.

5 Therefore the wicked shall not stand upright when judgment comes, \*  
nor the sinner in the council of the righteous.

6 For the LORD knows the way of the righteous, \*  
but the way of the wicked is doomed.

### **Ephesians 4:1–16**

*The new Christians in Ephesus are urged to lead lives of patient love, using their various gifts in the unity of the Spirit, while growing toward their maturity in Christ. There are many roles of service, but there is a oneness at the heart of the faith and in its goal. All the disciples' efforts are meant to build up the one body of Christ. While there remains a human perversity leading toward division, in the loving truth of the community Christians are to grow together toward their full humanity.*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their

craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

*All stand.*

### **John 6:24–35**

*Jesus tells the crowd of the true bread of life, the bread from heaven. The people follow Jesus after he has fed the crowd of five thousand, but they come mostly to obtain more food for their stomachs. The bread which the Son of Man offers is more genuinely life-giving than the manna by which Israel was fed in the wilderness. In one sense this means that Jesus' teaching is greater than that of Moses. More significantly still, it is belief in Jesus himself that leads to eternal life.*

Priest The Holy Gospel of our Lord Jesus Christ according to John.

**People Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the

wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Priest The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*All are seated.*

## **The Sermon**

The Rt. Rev. Lucinda Ashby

*After the sermon a brief silence is kept.*

## **Renewal of our Baptismal Covenant**

*All stand*

Bishop Let us renew our baptismal covenant.

Do you believe in God the Father?

**People I believe in God, the Father almighty, creator of heaven and earth.**

Bishop Do you believe in Jesus Christ, the Son of God?

**People I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

Bishop Do you believe in God the Holy Spirit?

**People I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting.**

Bishop Will you continue in the apostles' teaching and fellowship,  
in the breaking of bread, and in the prayers?

**People I will, with God's help.**

Bishop Will you persevere in resisting evil, and,  
whenever you fall into sin, repent and return to the Lord?

**People I will, with God's help.**

Bishop Will you proclaim by word and example the Good News of God in Christ?

**People I will, with God's help.**

Bishop Will you seek and serve Christ in all persons,  
loving your neighbor as yourself?

**People I will, with God's help.**

Bishop Will you strive for justice and peace among all people,  
and respect the dignity of every human being?

**People I will, with God's help.**

## **The Prayers of the People**

*from Intercessions for the Christian People*

*All stand or kneel*

Leader Inspired by the Spirit, we now offer our Sunday prayers to God in the name  
of Jesus Christ, saying: Lord, have mercy.

For the fulfillment of the mission of the church,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For the liberation of the children of God from the bondage of fear,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For the consolation of all those who struggle with doubts or disbelief,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For renewed witness to the gospel among Christian people in positions of public trust, let us pray to the Lord:

**People Lord, have mercy.**

Leader For our community as we hand on the faith of our ancestors from one generation to another, let us pray to the Lord:

**People Lord, have mercy.**

Leader For The Rt. Rev. Sean Rowe, Presiding Bishop-Elect of the Episcopal Church and Shepherd of your people, that he may be blessed with the gifts of your Holy Spirit and grow in strength, wisdom and courage as he prepares to lead us forward in love and unity, let us pray to the Lord:

**People Lord, have mercy.**

Leader For the sick and the suffering, the lonely and the dying, *especially*, let us pray to the Lord:

**People Lord, have mercy.**

Leader In the communion of the Holy Spirit, with St. Dunstan, St. Andre and with all the saints in light, let us commend our lives and the lives of one another to the Lord. **Amen.**

Bishop Almighty God, Giver of Light and Life, hear the heartfelt prayers of your people. May they be acceptable to you, in accordance with your will, and by the power of the Holy Spirit, may you bring forth the healing, forgiveness and peace for which we pray. All this we ask in the name of your son, Jesus Christ our Lord. **Amen.**

## **The Confession**

Bishop Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**People God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**



## **The Absolution**

Bishop Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace** *All stand.*

Bishop The peace of Christ be always with you.

**People And also with you.**

*The people exchange the peace with one another.*

## **Announcements** *All are seated.*

# **THE LITURGY OF THE TABLE**

## **Offertory Sentence**

*During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the Bishop. The people stand while the offerings are presented. Offerings may also be made online at [www.stdcv.org](http://www.stdcv.org)*

Bishop Walk in love, as Christ loved us and gave himself for us,  
a fragrant offering and sacrifice to God.

*Today's offering will support Bishop Ashby's Discretionary Fund, for the work of the Diocese.*

## **The Great Thanksgiving**

*Eucharistic Prayer B*

*All stand at the procession of the offering and remain standing.*

Bishop The Lord be with you.

**People And also with you.**

Bishop Lift up your hearts.

**People We lift them to the Lord.**

Bishop Let us give thanks to the Lord our God.

**People It is right to give God thanks and praise.**

Bishop It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**People Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*All stand or kneel.*

Bishop We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**People** We remember his death,  
We proclaim his resurrection,  
We await his coming in glory

**Bishop** And we offer our sacrifice of praise and thanksgiving to you, O Lord of all;  
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

**All** By him and with him and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever. Amen.

## **THE LORD'S PRAYER**

**Bishop** And now, as our Savior Christ has taught us, we are bold to say,

**People** Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever.  
Amen.

## **The Breaking of the Bread**

*The Bishop breaks the consecrated bread.*

**Bishop** Christ our Passover is sacrificed for us;

**People** Therefore let us keep the feast.

Bishop The Gifts of God for the People of God.  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

### **INVITATION TO COMMUNION**

Come forward to receive the bread in your open palm. If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

**At this time, we are not able to allow dipping the wafer into the chalice.**

Those who prefer to receive a blessing, or who choose not to receive the cup, indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.



Prayers for yourself or another are available during Communion by a member of the Daughters of the King in the back of the church near the Sacristy door.

*All stand or kneel.*

### **The Prayer After Communion**

Bishop Let us pray.

**People God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

### **The Blessing**

#### **Dismissal**

Priest Let us go forth in the name of Christ.

**People Thanks be to God.**

*All are welcome to enjoy fellowship with one another outside the church  
during coffee hour.*

~

*The altar flowers are given to the Glory of God*



**come. explore. serve. be.**

**Come** walk with us in faith and friendship.

Share our desire to **explore** our relationship with God  
and support one another.

Join us to make a difference in our world and **serve**  
those who need compassion and help.

**Be** yourself among us.

## Adult Faith Formation

“Come share our desire to explore our relationship with God and support one another.”

You are invited to join a small group and take a deep dive into the Gospel of Luke starting the week of September 8th! We will use the NRSV Bible alongside “Luke for Everyone” by N.T. Wright.



It has been said of Dr. Wright, a renowned New Testament scholar and Anglican bishop, that he has the mind of a scholar and the heart of a pastor. His book will guide us through the world of the New Testament, explaining the ideas & events that shaped the gospel writer’s account of the life of Jesus. Breaking down the gospel of Luke into brief, easy to study segments (one chapter per week), Wright will show us how Luke’s message speaks powerfully to our contemporary faith journeys.

Sign up sheets will be available and sample books will be on display during coffee hour through August. Group facilitators will be at the table to answer any questions you may have. “Luke for Everyone” can be ordered from Amazon or your local bookstore. Book scholarships are available.

Meeting times will be the same as they’ve been for “The Path” study and summer book discussion groups:

9:00 a.m. Sunday (2 groups)

6:00 p.m. Tuesday

11:00 a.m. Wednesday

DO consider joining a Bible study group for spirited discussion as we explore God’s word together!

### Children's schedule for Summer

**Sunday School will resume September 8th. Happy Summer!**

Activity clipboards and children’s books can be found in a basket at the back of the church.





Join us after the 10:00 service for a reception followed by a Forum with the Bishop, where she will update us on all things Episcopal, including our new Presiding Bishop. It will be your opportunity to ask her questions as well.

## **St. Dunstan's Staff**

Rev Laurel Coote, Rector  
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Alicia Sanoian, Asst. Controller  
alicia@accessbcinc.com

Lauren Proulx Leonoff, School Director  
director@stdunstanschool.org

## **Pastoral Care & Prayer Requests**

For pastoral concerns, contact Rev. Laurel [revlaurel@stdcv.org](mailto:revlaurel@stdcv.org) or on her cell 310-562-5746. And you can always leave a message on the Pastoral Care line at church [831-624-6646](tel:831-624-6646) ext 110.

Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to [dok@stdcv.org](mailto:dok@stdcv.org). The Daughters pray for members of our parish as well as many others daily.



## **St. Dunstan's Vestry**

Susan Pitts, Senior Warden  
Jr. Warden—Jackie Wendland  
Duncan Clarke  
Jack Enbom  
Sheila Hiebert  
Tracy Jones  
Carol Langland  
George Lockwood



# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

## Sunday, August 4

- 8:00 am Holy Eucharist
- 9:00 am Choir Rehearsal
- 9:00 am Bible Study Group
- 10:00 am Holy Eucharist (live-streamed)  
Bishop's Visit

## Monday, August 5

Office Closed

## Tuesday, August 6

- 6:00 pm Bible Study Group
- 7:30 pm AA

## Wednesday, August 7

- 10:00 am Conversation & Communion  
Holy Eucharist
- 11:00 am Prayer Shawl Ministry
- 11:00 am Bible Study Group
- 1:30 pm DOK Meeting
- 5:00 pm Zoom Compline

## Thursday, August 8

- 3:00 pm Finance Meeting

## Friday, August 9

## Saturday, August 10

- 9:00 am Choir Rehearsal

## Sunday, August 11

- 8:00 am Holy Eucharist
- 9:00 am Choir Rehearsal
- 9:00 am Bible Study Group
- 10:00 am Holy Eucharist (live-streamed)

View the entire parish calendar [stdcv.org/calendar](http://stdcv.org/calendar)

## AUGUST BIRTHDAYS

August 2 Bette Nybakken  
August 3 June Saunders  
August 4 Ann Quattlebaum  
August 6 Pam Austin  
August 10 Sandy Hendrickson  
August 12 Mary Poland

August 17 Carol Langland  
August 19 Hazel Lama  
August 25 Jocelyn Lagier  
August 28 Sienna Anderson  
August 31 Nathan Lagier