



**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

# THE 12TH SUNDAY AFTER PENTECOST

August 11, 2024  
8 am

*Welcome to St Dunstan's! We are glad you are here!  
If you are new, or would like to update your information, please fill  
out a pew card. Thank you for silencing your cell phones.*

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## THE LITURGY OF THE WORD

*All stand at the ringing of the bell.*

**Priest** Blessed be God: Father, Son, and Holy Spirit.

**People** **And blessed be his kingdom, now and for ever. Amen.**

**All** **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**People** **Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **The Collect of the Day** *The people stand or kneel.*

Priest The Lord be with you.

**People And also with you.**

Priest Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated.*

### **2 Samuel 18:5–9, 15, 31–33**

*David orders his most trusted military commanders to crush a coup led by Absalom, his son. He asks that “the young man, Absalom” be treated gently, expressing fatherly care even when dealing with that son’s traitorous uprising. Those who followed Absalom in rebellion are defeated in a great slaughter, and Absalom is caught in the branches of an oak while seeking escape. In defiance of David’s wishes, Joab’s men put Absalom to death. David, when told of Absalom’s death, grieves deeply.*

The king, David, ordered Joab and Abishai and Ittai, saying, “Deal gently for my sake with the young man Absalom.” And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David.

Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on.

And ten young men, Joab’s armor-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man."

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Reader Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

### **Psalm 130**

*The psalmist calls to the merciful Lord and waits upon God for forgiveness and redemption.*

- 1 Out of the depths have I called to you, O LORD;  
LORD, hear my voice; \*  
    let your ears consider well the voice of my supplication.
- 2 If you, LORD, were to note what is done amiss, \*  
    O Lord, who could stand?
- 3 For there is forgiveness with you; \*  
    therefore you shall be feared.
- 4 I wait for the LORD; my soul waits for him; \*  
    in his word is my hope.
- 5 My soul waits for the LORD,  
more than watchmen for the morning, \*  
    more than watchmen for the morning.
- 6 O Israel, wait for the LORD, \*  
    for with the LORD there is mercy;
- 7 With him there is plenteous redemption, \*  
    and he shall redeem Israel from all their sins.

## **Ephesians 4:25–5:2**

*Christians are urged to conform to a new way of life which is pleasing to the Holy Spirit. They are to have a love like the love of Christ. All manner of evil is to be shunned. Especially are the new converts to put away spitefulness and other sins which harm the one body and grieve the Spirit with which they have been sealed in baptism. The model is none other than a God who is revealed in the Christ who sacrificed himself for us.*

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

**Reader** Hear what the Spirit is saying to God's people.

**People** **Thanks be to God.**

*All stand.*

## **John 6:35, 41–51**

*Jesus continues to teach that he is the true bread who will bring all who have faith in him eternal life. The discussion is meant to recall the story of the Israelites protesting and murmuring against God in the wilderness because they had no bread. But even the manna that God gave them was only a temporary food. While Jesus seems very ordinary to the Jews (who represent a worldly lack of faith), he offers the world both his teaching and himself, a life-giving bread from heaven.*

**Priest** The Holy Gospel of our Lord Jesus Christ according to John.

**People** **Glory to you, Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Priest     The Gospel of the Lord.

**People     Praise to you, Lord Christ.**

*All are seated.*

## **The Sermon**

The Rev. Laurel Coote

*After the sermon a brief silence is kept.*

**The Nicene Creed** *All Stand.*

*The New Zealand Prayer Book*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary and became fully  
human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who in unity with the Father and the Son  
is worshipped and glorified,  
and has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

*Form VI*

*The people stand or kneel*

Leader In peace, we pray to you, Lord God  
*silence*

For all people in their daily life and work;

**People For our families, friends, and neighbors, and for those who are alone.**

Leader For this community, the nation, and the world;

**People For all who work for justice, freedom, and peace.**

Leader For the just and proper use of your creation;

**People For the victims of hunger, fear, injustice and oppression.**

Leader For all who are in danger, sorrow, or any kind of trouble;

**People For those who minister to the sick, the friendless, and the needy.**

Leader For the peace and unity of the Church of God;

**People For all who proclaim the Gospel, and all who seek the Truth.**

Leader For our Presiding Bishop, Michael; our Bishop, Lucinda; and for all other ministers. We pray especially today for our Presiding Bishop-Elect, The Rt. Rev. Sean Rowe, that he may be blessed with the gifts of your Holy Spirit and grow in strength, wisdom and courage as he prepares to lead us forward in love and unity.

**People For all who serve God in his Church.**

Leader For the needs and concerns of this congregation. We pray today especially for;  
Hear us Lord;

**People For your mercy is great.**

Leader We thank you, Lord, for all the blessings of this life.

*Silence*

*The people may add their own thanksgivings*

Leader We will exalt you, O God our King;

**People And praise your Name for ever and ever.**

Leader We pray for all who have died, *especially*, that they may have a place in your eternal kingdom. Lord, let your loving-kindness be upon them;

**People Who put their trust in you.**

Priest Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

## **The Confession**

Priest Let us pray to God for the forgiveness of our sins.

*Silence may be kept.*

**People Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

## **The Absolution**

Priest    Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace** *All stand.*

Priest    The peace of Christ be always with you.

**People**   **And also with you.**

*The people exchange the peace with one another.*

## **Announcements** *All are seated.*

# **THE LITURGY OF THE TABLE**

## **Offertory Sentence**

*During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the Priest. The people stand while the offerings are presented. Offerings may also be made online at [www.stdcv.org](http://www.stdcv.org)*

Priest    Walk in love, as Christ loved us and gave himself for us,  
            a fragrant offering and sacrifice to God.

## **The Great Thanksgiving**

*Eucharistic Prayer B*

*All stand at the procession of the offering and remain standing.*

Priest    The Lord be with you.

**People**   **And also with you.**

Priest    Lift up your hearts.

**People**   **We lift them to the Lord.**

Priest    Let us give thanks to the Lord our God.

**People**   **It is right to give God thanks and praise.**

Priest    It is truly right, and good and joyful, to give you thanks,  
            all-holy God, source of life and fountain of mercy.



You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**People Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*All stand or kneel.*

Priest Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

**People Christ has died.**

**Christ is risen.**

**Christ will come again.**

Priest Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Dunstan, Andre and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

## **THE LORD'S PRAYER**

Priest And now, as our Savior Christ has taught us, we are bold to pray,

**People Our Father in heaven, hallowed be your Name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive  
those who sin against us.**

**Save us from the time of trial,  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## The Breaking of the Bread

*The Priest breaks the consecrated bread. A period of silence is kept.*

Priest We share this bread to share in the body of Christ;

**People We who are many are one body, for we all share in the one bread.**

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

### INVITATION TO COMMUNION

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

**At this time, we are not able to allow dipping the wafer into the chalice.**

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.



Prayers for yourself or another are available during Communion by a member of the Daughters of the King in the back of the church near the Sacristy door.

*All stand or kneel.*

## The Prayer After Communion

Priest Let us pray.

**People Eternal God, heavenly Father,**

**you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood.**

**Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## **The Blessing** *All stand*

Priest Life is short, and we do not have much time to gladden the hearts of those with whom we travel the way, so be swift to love, and make haste to be kind. And may the Blessing of God, who made us, loves us, and travels with us, be with you now and forever more. **Amen.**

## **Dismissal**

Priest Go in peace to love and serve the Lord.

People **Thanks be to God.**

*All are welcome to enjoy fellowship with one another outside the church during coffee hour.*

~

*The altar flowers are given to the Glory of God*



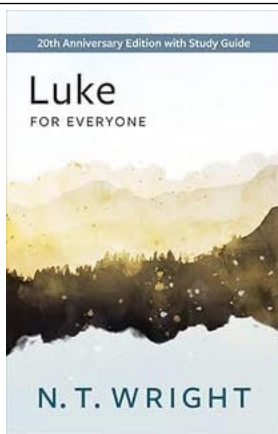
**come. explore. serve. be.**

**Come** walk with us in faith and friendship.

Share our desire to **explore** our relationship with God and support one another.

Join us to make a difference in our world and **serve** those who need compassion and help.

**Be** yourself among us.



## Adult Faith Formation

“Come share our desire to explore our relationship with God and support one another.”

Beginning September 8th, all are invited to join a small group and take a deep dive into the Gospel of Luke. Our texts will be the NRSV Bible alongside “Luke for Everyone” by N.T. Wright. Dr. Wright, a renowned New Testament scholar and Anglican bishop has the mind of a scholar and the heart of a pastor. His book will guide us through the world of the New Testament, explaining the ideas and events that shaped the gospel writer’s account of the life of Jesus. Breaking down the gospel of Luke into brief, easy to study segments (one chapter per week), Wright will show us how Luke’s message speaks powerfully to our contemporary faith journeys.

Sign up sheets will be available and sample books will be on display during coffee hour through August, and group facilitators will be available to answer any questions. Meeting times will be the same as they were for our previous Bible Study.

“Luke for Everyone” can be ordered from Amazon or your local bookstore. Book scholarships are available.

**LAVENDER DAY**  
**Saturday, August 17**  
**Noon -??**

Have you ever noticed the beautiful lavender blooming along our driveway? Have you ever wondered what happens to it when it's harvested?

Well, this year you are invited to gather together in Brock Hall on Saturday August 17 at noon to make lavender wands and/or bouquets which will be sold at a later date.

You'll be having fun, supporting local needs, and you'll get to keep one for yourself, too. And there will be lavender lemonade!

**Any questions?**  
**Contact Hannah Priestley 831 596 8708**  
**or**  
**Liz Rondelle 831 620 2512**

**I-Help this Thursday,**  
**August 15th**

Look for the Sign-Up sheet on the welcome table to bring in food or to help out with the men's dinner on the 15th.

We appreciate your participation!

**Thank you from the I-HELP Team**

**Dedicate Altar**  
**Flowers**



This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The suggested donation is \$30. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

Sign up on the Welcome Table.

**Children's schedule for Summer**

**Sunday School will resume September 8th. Happy Summer!**

Activity clipboards and children's books can be found in a basket at the back of the church.



## Deadline for eNews, Bulletin

Items for our eNews and Sunday Bulletin should be submitted to [stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com) by midnight Monday.

### *Wonder what's going on at St. Dunstan's?*

*Sign up today to receive*

### **St. Dunstan's weekly eNews**

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting [stdcv.org/subscribe](http://stdcv.org/subscribe) and entering your email address.

## Pastoral Care & Prayer Requests

For pastoral concerns, contact Rev. Laurel [revlaurel@stdcv.org](mailto:revlaurel@stdcv.org) or on her cell 310-562-5746. And you can always leave a message on the Pastoral Care line at church [831-624-6646](tel:831-624-6646) ext 110.

Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to [dok@stdcv.org](mailto:dok@stdcv.org). The Daughters pray for members of our parish as well as many others daily.



## St. Dunstan's Staff

Rev Laurel Coote, Rector  
[revlaurelc@gmail.com](mailto:revlaurelc@gmail.com)

Elizabeth Buche, Parish Administrator  
[stdunstanschurch@gmail.com](mailto:stdunstanschurch@gmail.com)

Dr. Fred Burgomaster, Director of Music  
[fburgo33@gmail.com](mailto:fburgo33@gmail.com)

Lauren Proulx Leonoff, School Director  
[director@stdunstanschool.org](mailto:director@stdunstanschool.org)

Carol Langland, Treasurer  
[carolstang@icloud.com](mailto:carolstang@icloud.com)

Joe Heston, Verger  
[jwheston@aol.com](mailto:jwheston@aol.com)

Alicia Sanoian, Asst. Controller  
[alicia@accessbcinc.com](mailto:alicia@accessbcinc.com)

## St. Dunstan's Vestry

Susan Pitts, Senior Warden  
Jr. Warden—Jackie Wendland  
Duncan Clarke  
Jack Enbom  
Sheila Hiebert  
Tracy Jones  
Carol Langland  
George Lockwood



# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

## Sunday, August 11

- 8:00 am Holy Eucharist
- 9:00 am Choir Rehearsal
- 9:00 am Book Group
- 10:00 am Holy Eucharist (live-streamed)

## Monday, August 12

Office Closed

## Tuesday, August 13

7:30 pm AA

## Wednesday, August 14

- 10:00 am Conversation & Communion  
Holy Eucharist
- 11:00 am Prayer Shawl Ministry
- 11:00 am Book Group
- 5:00 pm Zoom Compline

## Thursday, August 15

- 4:00 pm I-Help Men
- 4:00 pm Vestry Meeting

## Friday, August 16

## Saturday, August 17

- 9:00 am Choir Rehearsal

## Sunday, August 18

- 8:00 am Holy Eucharist
- 9:00 am Choir Rehearsal
- 9:00 am Book Group
- 10:00 am Holy Eucharist (live-streamed)

View the entire parish calendar [stdcv.org/calendar](http://stdcv.org/calendar)

## AUGUST BIRTHDAYS

August 2 Bette Nybakken  
August 3 June Saunders  
August 4 Ann Quattlebaum  
August 6 Pam Austin  
August 10 Sandy Hendrickson  
August 12 Mary Poland

August 17 Carol Langland  
August 19 Hazel Lama  
August 25 Jocelyn Lagier  
August 28 Sienna Anderson  
August 31 Nathan Lagier